The Oxford Handbook of Hypnosis

Edited by Michael Nash and Amanda Barnier

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Description

- A long overdue successor to the classic texts by Erika Fromm and Michael Nash, providing both students, researchers, and clinicians with the ultimate text in hypnosis
- Includes contributions from the leading figures in the field, giving the reader advice that is scientifically informed, reliable, and authoritative

The Oxford Handbook of Hypnosis is the long overdue successor to Fromm and Nash's Contemporary Hypnosis Research (Guilford Press), which has been regarded as the field's authoritative scholarly reference for over 35 years. This new book is a comprehensive summary of where field has been, where it stands today, and its future directions. The volume's lucid and engaging chapters on the scientific background to the field, fully live up to this uncompromising scholarly legacy. In addition, the scope of the book includes 17 clinical chapters which comprehensively describe how hypnosis is best used with patients across a spectrum of disorders and applied settings. Authored by the world's leading practitioners these contributions are sophisticated, inspiring, and richly illustrated with case examples and session transcripts. For postgraduate students, researchers and clinicians, or anyone wanting to understand hypnosis as a form of treatment, this is the starting point.

Unequalled in its breadth and quality, The Oxford Handbook of Hypnosis will be the definitive reference text in the field for years to come.

Readership: Postgraduate students, researchers, and clinicians in clinical psychology, psychiatry, and psychotherapy.

Contents

1. Introduction: a roadmap for explanation, a working definition, Amanda Barnier & Michael Nash

Section I: The Domain of Hypnosis
2. The domain of hypnosis, revisited, John Kihlstrom
3. Generations and landscapes of hypnosis: questions we've asked, questions we should ask, Kevin M McConkey

Section II: Theoretical Perspectives
4. Dissociation theories of hypnosis, Eric Z Woody & Pamela Sadler
5. Social cognitive theories of hypnosis, Steven J Lynn, Irving Kirsch & Michael N Hallquist
7. Intelligent design or designed intelligence? Hypnotizability as neurobiological adaptation, David Spiegel
8. A psychoanalytic theory of hypnosis: a clinically informed approach, Michael Nash

Section III: Contemporary Research
9. Measuring and understanding individual differences in hypnotizability, Jean-Roch Laurence, Dominic Beaulieu-Prévost & Thibault du Chéné
10. Hypnosis scales for the twenty-first century: what do we need and how should we use them?, Eric Z Woody & Amanda Barnier
11. Parsing everyday suggestibility: what does it tell us about hypnosis?, Anthony Tasso & Nicole A Perez
12. Advances in hypnosis research: methods, designs and contributions of intrinsic and instrumental hypnosis, Richard A Bryant & Rochelle E Cox
13. Hypnosis and the brain, Areed A Barabasz & Marianne Barabasz
14. Hypnosis, trance and suggestion: evidence from neuroimaging, David Oakley
A - Models of clinical intervention
16. Psychoanalytic approaches to clinical hypnosis, Elgan Baker & Michael Nash
17. Reclaiming the cognitive unconscious: integrating hypnotic methods and cognitive behavior therapy, Joseph Barber
18. An Ericksonian approach to clinical hypnosis, Stephen Lankton

B - Methods of clinical intervention: techniques and cases
19. Foundations of clinical hypnosis, Michael Nash
20. Hypnosis in the relief of pain and pain disorders, Mark Jensen & David R Patterson
22. Hypnotic approaches to treating depression, Michael Yapko
23. Hypnosis for health compromising behaviors, Gary Elkins & Michelle Perfect
24. Treating children using hypnosis, Eric L Scott
25. Medical illnesses, conditions and procedures, Nicholas Covino
26. Hypnosis in the treatment of conversion and somatization disorders, Franny C Moene & Karin Roelofs
27. Trauma-related disorders and dissociation, Mary-Jo Peebles-Kleiger
28. Professional consultation in hypnosis: cases, techniques and issues in sport, William Morgan & Aaron J Stegner

C - Evidence-based practice and consultation
29. Clinical hypnosis: the empirical evidence, Mark Moore
30. Making a contribution to the clinical literature: Time-series designs, Jeffrey Borckardt & Michael Nash
31. Hypnosis in the courts, Michael Heap

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