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## Introduction of Newsletter

Welcome to the inaugural edition of *Clinically Speaking*, the newsletter of the University of Tennessee Clinical Psychology Program. You might ask, "why do we need another newsletter"? Well, I wanted to create a newsletter that is specifically focused on the Clinical Psychology Program. One of my goals as the Director of Clinical Training is to increase communication and facilitate a greater sense of community. I hope that this newsletter will contribute toward this goal. My primary aims for this newsletter are to provide information to current students, alumni, and faculty associated with the program and to facilitate a greater sense of a larger Clinical Program community. Many current advanced students are unaware of the focus of some of their classmates' dissertation research or even which of their classmates defended their dissertations. Many advanced students do not know the first year students well. Alumni are interested in the internships of UT students, especially when they are geographically close to them.

Alumni are also very interested to hear what their own classmates are doing (faculty and current students are also eager to hear what our alumni are doing and where they are doing it). I hope that this annual newsletter will help us remain connected to each other and knowledgeable about each other. My secondary aims are to show prospective students more about our community in order to increase applications to our program and to increase alumni donations to the Department and the Clinical Program.

We have a terrific team of newsletter reporters for this inaugural issue. I was very gratified by how many students were willing to be a part of this new venture. In this issue, we will introduce you to our new faculty, new staff, and to the new first year students. We will let you know what the current students in each class have been doing. We will tell you where our students are going on internship, who pro-

posed and defended dissertations and theses and what students are studying. For our grand finale, we have a section called "Transitions" that will let you know about what our alumni and recently retired faculty are doing and where they are doing it.

We want to acknowledge our alumnus, Laura Porter, for creating the name of our newsletter and Kim Givens for doing the hard work of collecting data for this newsletter and putting it all together for us. Please give us feedback about what you like in this newsletter and what you would like to see in it in the future. You can contact me by email at [dwelsh@utk.edu](mailto:dwelsh@utk.edu) or by phone (865) 974-8540.

-Deborah Welsh,  
Director of Clinical Training



Clinical Faculty - Fall 2007

## Paula Fite

By Alden Gaertner



Dr. Paula Fite joined the University of Tennessee's Clinical faculty as an Assistant Professor this year. Dr. Fite came to the University of Tennessee following the completion of her Doctorate degree at State University of New York at Buffalo. She completed her Clinical Internship at the University of Mississippi Medical Center in Jackson, Mississippi.

Dr. Fite's research interests focus primarily on the development and etiology of problem behavior in childhood and adolescence. Specifically, she is interested in the etiology and development aggressive, delinquent, and substance using behaviors,

focusing primarily on the peer, parent, and individual characteristics that contribute to the development of problem behavior.

In addition to fulfilling her roles as an undergraduate professor and clinical supervisor, Dr. Fite is pursuing her research interests at the University of Tennessee. She has established the University of Tennessee Child Behavior Laboratory, consisting of two graduate research assistants and five undergraduate research assistants. The staff at the University of Tennessee Child Behavior Lab is currently in the process of collecting data from children, ages 9 to 12, and their primary caregivers. The current project will examine how subtypes of aggressive be-

havior, specifically proactive and reactive subtypes of aggression, relate to delinquency, anxiety, and depression as children transition from late childhood to early adolescence. The impact of parenting behavior and child temperament on these relations is of additional interest.

Dr. Fite has accomplished a great deal since her arrival at the University of Tennessee last fall, and is looking forward to expanding her line of research regarding the etiology and development of child and adolescent problem behavior. She is also excited about welcoming two new graduate students to the University of Tennessee Child Behavior Lab in the fall of 2008.

*"His ultimate goal is to use this research to develop more effective intervention strategies that may serve to ameliorate these social problems."*

## Todd Moore

By Vanessa Handsel

Dr. Todd Moore is one of the newer faculty members at UT. He is currently completing his second year in the department. Dr. Moore's research areas include the relationship be-



tween substance use and intimate partner violence, and the impact of gender role stress on men's health and behavior. Dr. Moore's work on gender role stress examined how challenges to men's cultural understanding of masculinity may affect their mood, information processing, and behavior.

Currently, Dr. Moore's lab is focused on the role substance use (or poly-substance use) plays as a risk factor for increasing the perpetration of intimate partner violence by one or both partners. He is breaking new ground in the field by employing the use of palm pilot computers in the study of partner violence, allowing for real time data assessment via daily diary entries. Next se-

mester, Dr. Moore plans to continue the palm study but also begin a new one involving relapse. Palm pilots will be distributed to individuals in substance treatment programs in order to more accurately track factors that may lead them to use again.

His ultimate goal is to use this research to develop more effective intervention strategies that may serve to ameliorate these social problems. Dr. Moore recently won the 2008 Psychology Department Faculty Appreciation award for his contributions to the Psychology Graduate Program. When he is not working, Dr. Moore enjoys spending time with his wife and daughter.

# Deborah Rhatigan

By Ali Nathanson

Dr. Deborah Rhatigan recently joined the UT Clinical Faculty as an Assistant Professor. Dr. Rhatigan obtained her Ph.D. in Clinical Psychology at Virginia Polytechnic Institute and State University, completing her Clinical Internship at the Boston Consortium. She participated in a two-year research post-doc fellowship at the National Center for PTSD in Boston.

Dr. Rhatigan’s research program primarily focuses on interpersonal trauma and violence within relationships. More specifically, her interests revolve around a victim’s decision to stay or leave an abusive relationship based on alternative options. Recently, her research lab “SEAL” or Social and Emotional Adjustment Lab, piloted a vignette-

based study surrounding the issues of relationship conflicts and various levels of alternatives.

The SEAL lab, consisting of two Graduate research assistants and four undergraduate research assistants, has recently begun a meta-analysis examining trauma and PTSD. The lab is also recruiting a community sample of domestically abused or traumatized women. In addition, pilot work for the relationship conflict and alternatives study was recently completed and SEAL plans to collect data for the study.

With a brand new research lab underway, undergraduate classes to teach and clinical supervision, Dr. Rhatigan actively started her first year as an Assistant Professor with much passion for the field and excited antici-

pation for future research within the trauma and relationships realm.

Dr. Rhatigan was recently honored by receiving the 2008 Psi Chi Teaching award for her outstanding undergraduate teaching contributions.



| Student Internships 2008–2009 |  |
|-------------------------------|--|
| Lee Dixon                     | Cincinnati VA Medical Center                       |
| Nikki Frousakis               | Los Angeles Department of Veterans Affairs         |
| Becca Furr                    | James Quillen VA Medical Center - Johnson City, TN |
| Nicole Perez                  | Medical University of South Carolina               |
| Elaine Rivas                  | New York University/Bellevue Hospital              |
| Sarah Robertson               | Northwestern Medical School                        |
| Sal Toor                      | River Valley Services - Middletown, CT             |

| Student Internships 2007–2008 |  |
|-------------------------------|--|
| Guy Edlis                     | Harvard Medical School/The Cambridge Hospital      |
| Ian Haag                      | Albany Medical College                             |
| Elizabeth Hardaway            | South Carolina Department of Mental Health         |
| Tanya Hess                    | Pennsylvania Hospital                              |
| Lorrie Ness                   | Woodburn Center for Community Mental Health        |
| Eric Peters                   | Albert Einstein College/Bronx Psychiatric Center   |
| Noah Roost                    | New York University School of Medicine             |
| Chad Sims                     | James Quillen VA Medical Center - Johnson City, TN |

# First Years

By Scott Swan

This year's first year class of seven came together here in Knoxville in the fall to begin the UT Clinical program, with a range of backgrounds, motivations, and professional interests. They come from schools and jobs in Boston, Chicago, Baton Rouge, Chapel Hill, Wilmington, and Charlottesville. On the other hand, the class calls many other places home, including Freemont, Indiana; Bass, North Carolina; Franklin, Michigan; Richmond, Virginia; Raleigh, North Carolina; and even Memphis and Knoxville, Tennessee. They were drawn to the program for a mix of reasons, especially to work with particular advisors and in their areas of interest,

but also for the opportunities in clinical training, or even the geographic location and natural beauty of the region. Their research interests seem to have a common denominator in the study of relationships, yet range across perspectives and questions about romantic, parent-child, and peer relationships, divorce, attachment, casual sex, intimate partner violence, trauma, aggression, psychotherapy outcomes, and suggestibility.

The seven of them have been keeping busy working with their advisors and other students, taking courses, attending conferences, and adjusting to both the clinical program and the city of Knoxville. Regarding conferences, students have attended the Ten-

nessee Psychological Association's annual conference in Nashville, and the Association for Behavioral and Cognitive Therapies' annual conference in Philadelphia, and plan to attend and present posters this March at the Society for Research in Adolescence bi-annual conference in Chicago. They are working hard at continuing their efforts at research and publication, are doing their best to stay on top of course work, and are looking forward to beginning training in testing and psychotherapy in the fall.



***“Their research interests seem to have a common denominator in the study of relationships...”***

## Dissertations and Theses 2007 - 2008

|                      |            |   |                               |
|----------------------|------------|---|-------------------------------|
| Lindsey Colman       | D. Hopko   | The Cognitive Effects of Depression on Students' Social Problem Solving Ability   | Thesis<br>Fall 2008           |
| Julianne Hellmuth    | K. Gordon  | Neuroticism, Marital Violence, and the Moderating Role of Stress and Problem Solving Skills   | Thesis<br>March 2008          |
| Melissa Hunt         | D. Hopko   | Predicting High School Truancy and Academic Performance Among Students in the Appalachian South   | Dissertation<br>Summer 2007   |
| Aaron Kivisto        | T. Moore   | Attributions and Negative Affect as Moderators of PTSD Symptomatology and Aggression  | Thesis<br>March 2008          |
| Jacqueline Kracker   | H. Pollio  | Mindfulness in Everyday Life: An Empirical Study of Mindfulness as it is Experienced in Ordinary Life among Long-term Vipassana Practitioners | Dissertation<br>Summer 2007   |
| Samantha Litzinger   | H. Pollio  | Saying Yes When You Mean No: A Phenomenological Analysis of Consensual Unwanted Sexual Activity   | Dissertation<br>Summer 2007   |
| Sharon Risch         | D. Welsh   | Conflict, Connection, and Aggression in Adolescent Romantic Relationships   | Dissertation<br>Summer 2007   |
| Sarah Robertson      | D. Hopko   | Experiential Avoidance, Emotional Expression, and Psychopathology in Early and Late Adulthood   | Dissertation<br>February 2008 |
| Meredith Schwartzman | D. Hopko   | Type I Diabetes Mellitus in Children and Pre-Adolescents: Affective, Behavioral, and Social Correlates  | Dissertation<br>Fall 2007     |
| Chad Sims            | L. Handler | An Examination of the Relationship Between Mindfulness and Aspects of Personality Structure   | Dissertation<br>August 2007   |
| JD Smith             | D. Welsh   | How Relational Views Influence Adolescents' Subjective Understanding of Romantic Relationship Interactions                                    | Thesis<br>October 2007        |

## The Terrible Two's: Life with the Second Year Class

Compiled by the Second Year Class

Second year students in the Clinical Psychology program have encountered a number of exciting challenges this year as they began their practicum work in the Psychological Clinic. They have been well trained in the art of providing psychotherapy and conducting psychological assessments and are now preparing to apply for external placements where they will continue their therapeutic training. The integration of research and practice is a major emphasis of the program and each student has begun work on the comprehensive exam requirement, Practice and Research Integration Project (PRIP) utilizing a time series design. In addition to this research, students have been working to complete thesis projects with their research mentor and have presented their research at a number of national conferences.

Over the past year, John Carvalho has been working with both assessment and therapy clients in the UT Psychological Clinic in addition to his work with his advisor, Dr. Derek Hopko. John is assisting Dr. Hopko with his Behavioral Activation in Depressed Breast Cancer Patient grant, as well as conducting his own Master's thesis project examining the relationship between stressful life events and cognitive vulnerability to depression.

Becky Trupe is currently working on her Master's research, which will examine the effects of maternal borderline personality disorder (BPD) on emotional availability. She is working with undergraduate research assistant Andrea McLeod to code for emotional availability in behavioral interactions between mothers with BPD and their preschool-aged children. Last year, Becky traveled with Dr. Jenny Macfie's Child and Adolescent Development Lab to the Biennial Meeting of the Society for Research in Child Development (SRCD), where they presented pilot data on the effects of BPD on mothers' emotional availability. She hopes to present the results of her Master's research at SRCD's

next Biennial Meeting in 2009.

J.D. Smith successfully defended his Master's Thesis this past October, which looked at subjective understanding in adolescent romantic relationship interactions. He is currently working on an intervention outcome study using the Therapeutic Assessment model. Similarly, he is writing a case study for publication on a previous assessment client using this model. J.D. is also in the process of writing an NRSA predoctoral dissertation grant that will examine the process of change in the Therapeutic Assessment model by utilizing Time-Series data. This study will be conducted with latency aged children and their families.

Sara Elkins plans to defend her thesis on the temporal relationships between substance use, negative affect, and partner violence in the summer of 2008. She presented data related to substance use and partner violence at the 2007 conference of the Association of Behavioral and Cognitive Therapies (ABCT) and plans to present a poster detailing her Master's research at the conference in November 2008. She has completed additional research with her mentor, Dr. Todd Moore, related to masculine gender role stress and with Dr. Deborah Rhatigan, related to college student attributions of female versus male perpetrated intimate partner violence. Additionally during her second year, she has worked with a variety of clients in the clinic, providing individual psychotherapy, family therapy, and psychological assessments.

Lindsey Colman's research interests include cognitive deficits in depression and their impact on problem-solving ability and the

relationships between depressive symptoms and early maladaptive schemas. Lindsey is currently working on Dr. Derek Hopko's grant-funded research study that examines the behavioral treatment of depression in breast cancer patients. She plans to defend her thesis in Fall 2008 and present a poster of her research findings at the annual ABCT conference in November 2008.

Aaron has been keeping busy this year with the never-ending evaluations that make up the clinic's 2nd year hazing tradition, and has been enjoying this challenging transition into his clinical work. Looking forward to the next step towards the "real world," Aaron's excited to apply for external placements for next year and have the opportunity to see a wide range of clients. In addition to his clinical work, he recently defended his master's thesis titled "Attributions and Negative Affect as Moderators of PTSD Symptomatology and Aggression."

This past year has been an exciting time of new opportunities and skills for Miriam, in both her research clinical training. She has recently been trained on a coding system at the University of Virginia to explore the complex parent-teen relationship, and how maternal BPD negatively impacts this dyad. Her clinical work is off to a challenging and exiting start, and she is enjoying conducting therapy with adults and children, and performing custody, competency to stand trial, psycho-educational, psychosexual, and standard full psychological examinations.

By the time you hear from us next year, we will have all defended our theses and will have become more confident and competent therapists.

"Each student has begun work on the Practice and Research Integration Project (PRIP) utilizing a time series design."



## Clinical Faculty with December 2007 Graduates

Left to Right: Melissa Hunt, Samantha Litzinger, Kristie Gordon, Derek Hopko (behind Kristi), Deb Welsh, Anne McIntyre, Meredith Peiken, Mike Nash, Sharon Risch, Peter Haugen

## Third Years

By Katie Little

Third year students keep busy around Austin Peay in many ways. We see several clients/patients in the UT Psychology Clinic every week, along with conducting evaluations for Juvenile court and two intakes per month. Students have the opportunity to work with diverse group of clients/patients and therapy techniques. Most of the third years are also on external clinical placements: Katie Fitzpatrick is at Ridgeview, Mike Gawrysiak and Keith Williams are at Cherokee Health in Morristown, Katie Rowinski is at Cherokee Health in Talbott, Lina Schlachter is at the UT Medical Center, Sarah Robertson works for Dr. Hopko's treatment outcome study, and Julianne Hellmuth spearheads our new placement at Cornerstone. Two students, Christen Mullane & Katie Little, opted to take this year to teach in-

troductory psychology. Sarah Robertson recently defended her dissertation and matched for her internship placement at Northwestern! All of the other students are in various stages of work on their dissertations, working on research projects in a diverse group of populations and topics, including the intergenerational transmission of Borderline Personality Disorder and Reflective Functioning, Behavioral Activation Therapy, Parent-Child Narrative Coherence, Adolescent Romantic Relationships and Emotion Regulation, Autobiographical Memory and Sexual Abuse, and Intimate Partner Violence in couples specifically involving Pregnant Women. Students have traveled to a diverse group of conferences on research and clinically-oriented topics. In our rare free time, we get together for pot-luck dinners, movies, hikes, runs, and there is a large proportion of our class that enjoys rock

climbing! We all continue to feel challenged by what the UT clinical program has to offer, and plans for the coming school year include more external placements, teaching introductory psychology, and writing our dissertations. We wish Sarah the best of luck for her internship and post-doc at Northwestern!

*"We all continue to feel challenged by what the UT Clinical Program has to offer."*

## Fourth Years

By Sal Toor

The 4<sup>th</sup> year clinical students are best described as a diverse cohort of graduate students with a variety of experience and professional aims. Currently, the 4<sup>th</sup> years are completing internships at a number of sites including: the emergency room at the university hospital, a neuropsychological placement at the university hospital, a long-term inpatient treatment facility for adolescents, a community mental health center in rural east Tennessee, and the juvenile detention center in Knox County. In addition to these externships, other students are serving as a research coordinator, clinic

coordinator, and graduate teacher of undergraduate psychology courses.

The 4<sup>th</sup> year is also the time to focus on the future, and specifically professional goals. Two students decided to apply for internships across the country, while others decided to stay at fifth year to work on manuscripts for publication, grant submissions, dissertations, and extend their training in areas such as teaching, applied clinical work and theory, and statistics. It is fairly evident that the 4<sup>th</sup> year students are not only continuing the clinical focus that is the hallmark of the clinical program here at Tennessee, but are also working on strength-

ening the program by developing internships with health providers in and around the Knoxville community.

By the end of the academic year in May 2008, it will be anyone's guess to where and exactly what the 4<sup>th</sup> year students will have accomplished. Regardless, there will be no doubt that the effort and diligence of this class will be for the better of not only the clinical program but the university as a whole.

*"The fifth year student look back to the training at University of Tennessee and the memories and relationships built there..."*

## Fifth Years

By Elaine Rivas

The 5<sup>th</sup> year class (who began the clinical program in 2003) is divided between those who are currently on internship, and those who are finishing up coursework and awaiting internship this summer. Of those students still at UT, Nikki Frousakis, M.A. will be returning home to California to attend the Los Angeles VA, while Elaine Rivas will be fulfilling a long-standing dream to return to New York and intern at NYU-Bellevue Hospital. Lee Dixon, M.A. has recently co-written a chapter in a major textbook on marital and family therapy and will be attending the Cleveland VA internship this summer. And Rebecca Furr, M.A. will be attending James

H. Quillen VA Medical Center in Mountain Home, Tennessee after getting married this May. For those students currently on internship, Eric J. Peters is finishing up his year at Albert Einstein College at Bronx Psychiatric Center, and will be fulfilling his long-standing dream of completing his post-doc at the prestigious Austen Riggs Center in Massachusetts. Guy Edlis, M.A., is finishing up his year at Harvard Medical School Cambridge Hospital and plans to return to Knoxville to continue his post-doctoral training. Finally, Lorrie Ness is completing her internship at Woodburn Center for Community Mental Health and is planning her career in clinical treatment and forensic testing.

The fifth year students are thrilled with the successes they have had during the grueling internship process and are thankful for the support they have had from faculty, supervisors, and friends at UT. As they move on to internship and beyond, the fifth year students look back to the training at University of Tennessee and the memories and relationships built there to help them as they establish their individual careers and make the transition from students in training to productive members of the larger professional community.

# Clinic Update

By Maria Armento

This year clinical graduate students from the University of Tennessee have had the opportunity to work on a number of cases in our campus Psychological Clinic and our Juvenile Court placement. Clinical students conducted over 3600 client sessions and performed over 70 court-mandated assessments for the Juvenile Court system. The Clinic in conjunction with the Counseling program has also had the opportunity to include a graduate counseling student to the clinic another skilled therapist in training seeing clients. Referred cases to the clinic have included therapy and evaluation work with both adults and children and have included a number of court ordered custody and fitness to stand trial cases. Graduate students in their third year of study and beyond have also had the opportunity to receive an external placement and several students have chosen new external placements over the past year. Traditionally, Cherokee and Peninsula have offered placements for graduate students, this year also included UT Hospital ER and Cornerstone\*.

Through these placements graduate students enjoy opportunities to more closely specialize in clinical training that they are most interested in while also receiving specialized on-sight supervision.

Clinical Supervision plays an outstanding role in the training of the clinical graduate students. This year many supervisors have committed to even more than their regular hours of supervision by including time for specialized group supervision. Dr. Gordon has provided group supervision specializing in couples therapy, focused on readings and skills-building for working with this specialized group of clients. Dr. Moore has also provided group supervision and plans to continue this next year with a more didactics oriented model teaching graduate therapists in training the fundamentals of CBT and its application. Dr. Hopko has also provided group supervision this past year focusing on therapy in a primary care setting working specifically with depressed cancer patients. Through special readings and group discussion of cases, graduate students are able to learn more specific skills in providing protocol driven therapy to clients

in primary care. Dr. Nash provided a group supervision regarding clinical hypnosis and psychodynamic psychotherapy this past year as well. This group was entirely student initiated reflecting student interest in specialized training and faculty willingness to meet this need. Each of these groups has made plans to continue this effort next year as well.

Several faculty members have also provided opportunities for specialized study including Dr. Cartor and Dr. Barlow who have held two three-hour Evening Readings independently in their homes. The topic for these was Transference. Based on student interest, Dr. Nash is considering a reprise of his Friday with Freud which includes three successive evening meetings watching BBC Freud tapes, food, and lively discussion. Historically, Dr. Barlow has also offered semester-long readings on object relations and Dr. Cartor has offered semester-long readings on self psychology, each based on clinical student interest and request.

\*substance abuse treatment facility.

*“Several faculty members have also provided opportunities for specialized study...”*

# Alumni Updates

## Larry Josephs (1981)

Larry obtained his Ph.D. from UT in 1981. He now lives in New York City with his wife and three boys where he maintains a private practice. He is also a professor of psychology at the Derner Institute of Advanced Psychological Studies of Adelphi University and is on the North American Editorial Board of the International Journal of Psychoanalysis. Larry was last in Knoxville in January of 2006 when he gave a talk on Love Triangles to the Appalachian Psychoanalytic Society.

## Joann Murphey (1982)

Joann now lives in San Antonio, Texas. She completed her clinical residency in the Department of Psychiatry, Clinical Psychology Training Program, at the University of Texas Medical Branch in San Antonio (the *other* U.T.). Thereafter, Joann joined an interdisciplinary mental health private practice in San Antonio in 1985, where she worked with psychiatrists, psychologists, and clinical social workers. Now, with a few transitions along the way, Joann has her own private office where she teams with other professional staff including one of her partners from her clinical residency program. Joann's clinical practice involves outpatient assessment and treatment with adults, children, and families. Joann also performs forensic evaluations and consultation in cases in the family law and criminal courts. Joann is married to a sizeable and very lovable partner with whom she shares the enjoyment of travel, skiing, gourmet cooking, and lavish parties to entertain their mutual friends and colleagues. Joann is a grandmother times two, so she devotes most of her free time to relentlessly delighting and spoiling her grandchildren.

## Robert Albiston (1984)

I am President of the Appalachian Psychoanalytic Society, 2007-2008. A special interest is psychoanalytic understandings of global conflict and macro-economic systems and structuring. I am a founding partner of Professional Psychotherapy Associates, a group practice located on Watts Barr Lake in Kingston, TN. I am in full time private practice. My wife Lucinda and I reside in Knoxville.

## Mark Sexton (1992)

I was one of Mike Nash's first graduate students back in 1987. He was a supportive mentor and gave me every opportunity to excel. My years at UT were a period of profound professional and personal growth. In 1991, after graduating from UT, I started an internship and post-doc at New York Hospital-Cornell Medical Center then stayed on for two more years and did a NIMH post-doc in eating disorders. Although tempted to put down roots in NYC, I decided to head back to San Francisco to be closer to my family. My brother was living in Sausalito at the time in a house that over looked Alcatraz, Angel Island and San Francisco. It was too good to pass up. I moved in with him and I began to work for UCSF in the Department of Psychiatry, Division of Psychosocial Medicine at San Francisco General Hospital. I was the Co-Director of our Clinical Training Internship Program and provided clinical services to a low income population. I stayed in that position for seven years and it was a privilege to work with some very dedicated colleagues doing some tough but rewarding work. My training at UT was amazing preparation for my clinical career.

I left UCSF in 2004 to develop a private practice in San Francisco. I treat adults in psychodynamically oriented psychotherapy and have a number of patients with eating disorders in my practice. The practice is going well. The work is rewarding. My bookcase is stacked with my text books from UT.

On a personal note, a blind date with a psychiatrist led to marriage in 2000. My wife, Dr. Angel Khush, and I have two daughters age six and three. We now live in Marin. Life is good. I hope to hear from any UT grads who are in the area.

## Paul Strand (1993)

I am an associate professor of psychology at Washington State University. My area of specialization is clinical child psychology.

## Julie Thomas (1993)

Julie is currently an Associate Professor at Youngstown State University in Youngstown, Ohio.

## Barbara F. Beier (1994)

Barbara received her Ph.D. in Clinical Psychology from UTK after completing her internship at Topeka State Hospital. She worked two and 1/2 years at Searcy Hospital in Mt. Vernon, AL. She moved to work at Broughton Hospital in Morganton, NC in April 1997 where she has remained working in the Psychiatric Rehabilitation Division.

# Alumni Updates (Continued)

## Kokkwang Lim (1995)

Kokkwang is Past President of Singapore Psychological Society (SPS) (1999-2005) and Singapore Society for Clinical Hypnosis (2004-2008). He was selected by peer mental health professionals as among top 9 *Master Therapists* ("Best of the Best" psychotherapists) in Singapore for qualitative research on expertise in psychotherapy by National Institute of Education (Singapore). In 2006 he received from SPS *Award for Outstanding Contribution to Psychology in Singapore* for his leadership in establishing first ever registration system for psychologists and also his influential promotion of clinical health psychology in Singapore. He provided psychotherapy to President and royal family of country in Asia. In April 2008, he relocated to Perth, Australia to work more extensively in corporate psychology.

## Reva L. Heron (1997)

In private practice as a psychologist in Los Alamos, New Mexico. Still married to Derald York, still have Sage, the cat (who is 18 years old in May!) and have 2 other cats, Kali and Luna. D. and I are loving being home in the high desert...we regularly see coyotes, ravens, elk, foxes, deer, and hawks in our back yard or out in the street in front of our house. Saw a bobcat crossing the street last year. Have seen mountain lion tracks but no lions in the flesh thus far. We live adjoining a canyon, so you can hear the 'yotes yipping in the canyon all night. They clearly have a leg up on humans with regard to the whole partying thing. If you can get down there during the summer months, there are marvelous petroglyphs and wildflowers. In other words, yippeeee!

## Kayce Meginnis-Payne (2000)

After graduating from UT in May 2000, Kayce began teaching at Peace College a small, private women's college in Raleigh, NC and opened a one-day-a-week psychotherapy practice. Kayce was awarded promotion and tenure in 2006—a feat she considered especially exciting given that she and husband John had had two children (Ellie and Will, now ages 5 & 2) during the same period of time. Kayce now serves as the Psychology Program Coordinator and the Chair of the Curricular Issues Committee at the college. She was awarded the *McCormick Distinguished Teaching Award* in 2007 and *Advisor of the Year* in 2006. Her psychotherapy and research interests include meditation and mindfulness and women's health.

\*Please email your alumni update to Kim Givens (kgivens@utk.edu) so that we can include it in our next issue.

## Awards & Recognitions — Spring 2008

Faculty Appreciation for Contributions in Graduate Teaching/Research — Dr. Todd Moore  
Psi Chi Undergraduate Faculty Appreciation Award — Dr. Deb Rhatigan  
Excellence in Research Contributions — Clinical — Sarah Robertson  
Science Alliance — Excellence in Research Contributions — Laura Widman  
Staff Appreciation — Kim Givens

### FACULTY RECOGNITION

#### Extramural funding acknowledgements:

Hopko – 3 yr grant from the Susan Komen Breast Cancer Foundation to study treatment of depression in breast cancer patients.  
Gordon – 5 yr NIH grant to examine smoking cessation in Latino men during their partner's pregnancy.  
Macfie – 2<sup>nd</sup> year of NIH grant studying children whose mothers have borderline personality disorder.

#### National recognition:

Handler - Recipient of the Bruno Klopfer Memorial Award, from the Society for Personality Assessment, for distinguished lifetime contribution in assessment.  
  
2008 winner of the Outstanding Clinical Educator award from Division 12 (Clinical Psychology) of the American Psychological Assn.  
  
Selected as the Executive Director of the American Board of Assessment Psychology

Gordon - APA Division 43 (Family Psychology)'s Distinguished Service Award

Nash - Henry Guze Award for Best Research Paper Granted by the Society for Clinical and Experimental Hypnosis (2007)

Welsh - Selected to be a Senior North American Scholar for the 2008 International Scholars Program (honorarium funded by The Jacobs Foundation)

**STUDENT RECOGNITION**

**Graduate students - Extramural funding:**

Julianne Hellmuth                      NRSA (NIH training grant) - \$21,000 stipend for three years plus funds to help with dissertation and funds for travel

**University and Departmental Awards**

Maria Armento                           Chancellor's Award for Extraordinary Professional Promise.

Lee Dixon                                 Departmental Dissertation Research Award

Laura Widman                            Departmental Dissertation Research Award

Sarah Elkins                             Masculinity and Mental Health Special Interest Group Poster Award at the November 2007 ABCT conference

Ian Haag                                 Won the 2008 student essay competition for Section V of Division 39 (Psychoanalysis) of the American Psychological Association (\$500 award).

Nicole Perez                             Paul Lerner Assessment Award, given by Society for Personality Assessment.

Eric Peters                               Chris Hebb Memorial Award for Most Outstanding Contribution to Object Relations Theory, Appalachian Psychoanalytic Society and the University of Tennessee, Knoxville, TN (\$500)

Justin Smith & Nicole Wolf           Each received a \$300 research grant from the Center for Therapeutic Assessment in Austin, TX

Laura Widman                            \$500 grant from Innovative Technology Center (ITC) to develop a new component for Psych 110 on Blackboard. The project is entitled: "Get Psyched: Psychology in the Real World."  
 Poster award at the annual Society of Personality and Social Psychology conference

**2007 - 2008**

|                       |              |          |
|-----------------------|--------------|----------|
| Hunt, Melissa         | Sum – Ph.D.  | Clinical |
| Kracker, Jacqueline   | Sum – Ph.D.  | Clinical |
| Litzinger, Samantha   | Sum – Ph.D.  | Clinical |
| Risch, Sharon         | Sum – Ph.D.  | Clinical |
| Schwartzman, Meredith | Fall – Ph.D. | Clinical |
| Smith, Justin         | Fall – MA    | Clinical |

**STAFF RECOGNITION**

Kim Givens                      -                      April 2008 Send Roses Award for UT Most Courteous Employee

# Transitions

## Wes Morgan

By Katie Little

On Monday, January 07, 2008, I had the pleasure of sitting down for coffee with Dr. Wes Morgan to discuss his life after retirement. Dr. Morgan officially retired from the University in May, 2008, but he continues to be an active figure in the psychology department and clinical program. In line with the many changes around Austin Peay, he can now be found in his new office in the Psychology Clinic waiting room area. He currently teaches two classes in the spring semester, History and Systems of Psychology at the graduate level, and undergraduate Personality.

He describes one of the reasons Knoxville originally attracted him was the proximity of the Smoky Mountains. However, he had little time to enjoy the mountains over the past 30 years. That all changed this summer, when he began hiking about twice per week. He has since joined a group of retirees who are avid hikers, and describes that he has learned a great deal from his co-hikers and that he is "one of the youngest" of the group (the oldest being 85).

When asked if he is currently pursuing research activities he responded, "No, not psychological, anyway." He then described his venture into literature, with author Cormac McCarthy as the subject. Viewing Dr. Morgan's website,

it's clear that following McCarthy's life and work has been a long-time passion. According to the website (<http://web.utk.edu/~wmorgan/>) Morgan is a member of the Cormac McCarthy Society, has published in *The Cormac McCarthy Journal*, and is a frequent contributor to the Cormac McCarthy Forum. Morgan was also interviewed in December, 2007, for the Sunday edition of the *Knoxville News Sentinel* for an article about McCarthy's life in and around Knoxville, titled "Cormac McCarthy: On the Trail of a Legend." Morgan is particularly interested in McCarthy's early novels, some of which fictionalize real people and events (often with little or no disguise) in Knoxville. Because of McCarthy's use of real people as characters, Morgan has actually met some of the Knoxville residents immortal-

ized in fiction.

Morgan uses the novels to ask questions about creativity. For example, "Where do people get stories? What do stories tell us about the author?" Some of these questions came out of Morgan's research with the TAT. Assuming that people project aspects of themselves into the TAT cards to create stories, how might creative writers project into their work as well? "Another thing I'd like to do, if I live long enough, is to write a reader's guide" to McCarthy, Morgan said with a touch of dry wit. When asked about the recent movie, *No Country for Old Men*, Morgan said that he liked it, but of course not as much as he liked to book.

## Anne McIntyre

By Sal Toor

Anne McIntyre is currently enjoying the retirement life in her cozy Knoxville home. Her time is spent mostly with her family, painting and traveling as she recently experienced Oktoberfest in Germany this past fall. Even with all the R&R, she continues to work with graduate students in their professional development as she has numerous papers

submitted for publication and serves as a dissertation chair.

Look for interviews with Bob Wahler and Len Handler in our next issue.

## Upcoming Conferences

American Psychological Association, Boston, MA: August 14 - 17, 2008

Association for Behavioral and Cognitive Therapies, Orlando, FL: November 13 - 16, 2008

Society for Research in Child Development, Denver, CO: April 2 - 5, 2009

Tennessee Psychological Association, Nashville, TN: November 5 - 8, 2008

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Please apply my donation to the following cause:

- Psychology Graduate Student Assistantship Fund – To support the assistantships, travel, and dissertations for graduate students in Psychology.
  
- Mental Health Development Fund – To support the University of Tennessee's Psychological Clinic and initiatives toward promoting mental health.

### **The University of Tennessee Clinical Psychology Program**

**215 Austin Peay Building  
Knoxville, TN 37996-0900  
Phone: (865) 974-2165  
Fax: (865) 974-3330  
Email: [dwelsh@utk.edu](mailto:dwelsh@utk.edu)**

