

# Katherine Suzanne Rowinski

---

## EDUCATION

---

- University of Tennessee** (*Current*) Knoxville, TN  
*Doctorate Candidate, Clinical Psychologist Trainee*  
2005-present  
Current GPA: 3.91 after 3 semesters
- Brown University** Providence, RI  
*B.S. in Psychology*  
2000 - 2004  
Overall GPA: 3.65    GPA in Major: 3.87
- South Kingstown High School** South Kingstown, RI  
Overall GPA: 3.93, with High Honors  
1996 - 2000

## PROFESSIONAL EXPERIENCE

---

- Elementary Education Substitute Teacher's Assistant** Wakefield, RI  
*South Kingstown Education Department*  
May 2006 – August 2006
- Worked with children in special-education classrooms ranging from preschool to 6<sup>th</sup> grade.
- One-on-One Assistant for Autistic Child** Matunuck, RI  
*Private family*  
July 2006 – August 2006
- Worked with one-on-one with an 8 year old autistic boy while he attended a creative arts camp.
- Administrative Assistant** Knoxville, TN  
*Nancy Lett, Ph.D., Licensed Psychologist*  
January 2007 – present
- Insurance filing, billing, and helping with patient reports.
- Researcher Assistant/ Physician's Assistant** Providence, RI  
*Butler Hospital (Benjamin Greenberg, M.D., Ph.D.)*  
July 2004 – August 2005
- Worked full-time (40 hours/week) for 2 research projects examining the efficacy of Deep Brain Stimulation (DBS) for treatment-refractory Obsessive-Compulsive Disorder (OCD) and Major Depressive Disorder (MDD).
  - Assessed patients and assisted physician with treatment and DBS programming of patients with severe OCD and MDD.
  - All database management and design, and organization of all paperwork pertaining to the study; frequent communication with the Food and Drug Administration (FDA) and Institutional Review Board (IRB), drafting protocols, amendments, and patient consent forms; created graphs and analyzed data for grant submissions.
  - Administered patient questionnaires and interviews (ex. SCID-I/P, HDRS, GAF/SOFAS, YMRS, etc.).
- Tutor** Seekonk, MA/ Charlestown, RI/ Lincoln, RI  
Oct. 2004 - present
- Tutored a 10<sup>th</sup> grader weekly, in geometry and chemistry.
  - Tutored an 8<sup>th</sup> grader (with Attention Deficit Hyperactivity Disorder) weekly, in social studies, math, and science.
  - Privately coached an 11<sup>th</sup> grader weekly, in high jump.
- Research Assistant** Providence, RI  
*The Centers for Behavioral and Preventive Medicine (Laura Stroud, Ph.D.)*  
Jan. 2003 - June 2004
- Volunteered part-time (10-15 hours/week) for 2 research projects testing the effects of pre-natal exposure to nicotine on stress reactivity in children ages 7-17, and sex differences in depression in pre- and post-adolescents.
  - Ran protocols, gave interviews, data entry and data interpretation.
  - Measured and studied the physiological responses to stress in children.
- Teaching Assistant** Providence, RI  
*Brown University Cognitive Science course: Behavioral Statistics (Kathryn Spoehr, Ph.D.)*  
Sept. 2003 - Dec. 2003
- Attended class, graded homework and exams, taught review sessions and tutored students.
- Student Mentor** Providence, RI  
*Foxpoint Elementary School*  
Oct. 2002 - Jan. 2003
- Volunteered, tutoring elementary children with learning disorders, attention disorders, and mild retardation.

## ACTIVITIES

---

- NCAA Division I Women's Varsity Track and Field**, *Brown University* 2000 - 2004
- Devoted 25-35 hours per week to practices and track meets, from September to June of each year.
  - Developed strong team and communication skills; achieved university records in 5 events; competed in National competitions; won the 2003-Outdoor and 2004-Indoor Ivy League high jump competition.
- Haven House**, *Brown University* 2001 - 2002
- Program house dedicated to Health, Activity, Vitality, Energy and Nutrition. Community service activities.
- National Honor Society**, *South Kingstown High School* 1998 - 2000
- Attended weekly meetings and various community service activities.
- Varsity Track and Field**, *South Kingstown High School* 1996 - 2000
- Devoted 20-25 hours per week to practices and track meets. Captain for 2 years. Voted Most Valuable Player for indoor and outdoor track (1999 and 2000).

## AWARDS

---

- University Travel Awards**, *University of Tennessee* 2006 - 2007
- Awarded travel funds from the Psychology Department, the College Dean, and the Graduate Student Senate for attending the APS and SRCD National conferences.
- Pell Grant**, *Brown University* 2000 - 2004
- Awarded for being a Division I athlete at an Ivy League school.
- Scholarship**, *South Kingstown High School* 1999 - 2000
- Awarded a high-academic and athletic college scholarship.
- Nominee for Most Outstanding Scholar Athlete**, *State of Rhode Island* 1999 - 2000
- Nominated as the best female from South Kingstown High School to compete for the Most Outstanding Scholar Athlete in the state of Rhode Island.
- Bates Leadership Award**, *West Point Society of Rhode Island* 1999 - 2000
- Awarded for outstanding academic, athletic, and leadership performance.
- High Honors**, *South Kingstown High School* 1996 - 2000
- Awarded high honors throughout 4 years of high school for maintaining a GPA of 3.9 and above.

## SKILLS

---

**Computer skills** – Proficient in Windows/Macintosh, Microsoft Word, Excel, and Power Point, SPSS, SAS, and Filemaker.

## PROFESSIONAL

---

- American Psychological Society / Association for Psychological Science (APS)**, *New York City, NY* **May 2006**  
*Poster Presentation:* Stress, Distress, and Academic Performance of College Freshmen (Katherine Rowinski and Anne McIntyre, Ph.D.)
- Association for Behavioral and Cognitive Therapies (ABCT)**, *Chicago, IL* **November 2006**  
*Panel Discussion:* Mindful Parenting: Objective Study of the Recent Past Through Parent Narratives (Robert Wahler, Caroline Mann, Katie Rowinski, and Keith Williams)
- Society for Research in Child Development (SRCD)**, *Boston, MA* **March 2007**  
*Presentation:* Clinic-Referred Mothers' Monitoring Capabilities: Mindfulness and Narrative Coherence (Robert Wahler, Ph.D., Katherine Rowinski, and Keith Williams)

## REFERENCES

---

**Robert Wahler, Ph.D.** 865-974-2161 [RWahler@utk.edu](mailto:RWahler@utk.edu)  
*Professor and Director of the Graduate Program in Clinical Psychology, University of Tennessee*  
University of Tennessee, 227 Austin Peay Building, Knoxville, TN 37996

**Benjamin Greenberg, M.D., Ph.D.** 401-455-6602 [Benjamin\\_Greenberg@Brown.edu](mailto:Benjamin_Greenberg@Brown.edu)  
*Chief of Outpatient Services, Butler Hospital; Associate Professor of Psychiatry, Brown University*  
Butler Hospital, 345 Blackstone Boulevard, Providence, RI 02906