

**VITA**  
**DEREK RICHARD HOPKO, PH.D.**

**Associate Professor of Clinical Psychology  
And Associate Department Head  
The University of Tennessee – Knoxville**

**November 2009**

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**PERSONAL INFORMATION**

**Business Address:**

The University of Tennessee – Knoxville  
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Austin Peay Building  
Knoxville, Tennessee 37996-0900  
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**EDUCATIONAL HISTORY**

**Bachelor of Arts in Psychology (June, 1994)**

University of Manitoba  
Winnipeg, Manitoba, Canada

**Master of Arts in Experimental Psychology (June, 1996)**

Cleveland State University  
**Thesis: Inhibition in Working Memory, Implicit/Explicit Memory, & Math Anxiety.**  
Chair: Mark H. Ashcraft, Ph.D.

**Doctor of Philosophy in Adult-Clinical Psychology (APA Accredited) June, 2000**

West Virginia University  
Dissertation: The Effects of Fearful Responding on Arithmetic Performance.  
Chair: Daniel W. McNeil, Ph. D.

**Predoctoral Internship (APA Accredited) July, 1999 – July, 2000**

University of Texas Medical School, Houston, Texas  
Supervisor: Melinda Stanley, Ph.D.

**Postdoctoral Fellowship (APA Accredited) July, 2000 – July, 2001**

University of Texas Medical School, Houston, Texas  
Anxiety Disorders Research and Therapy – Older Adults with GAD  
Supervisor: Melinda Stanley, Ph.D.

**Licensed Psychologist – Tennessee # 2443**

Health Service Provider (HSP)

**ACADEMIC POSITIONS**

2001-2006 Assistant Professor of Clinical Psychology, The University of Tennessee  
2006-Present Associate Professor of Clinical Psychology, The University of Tennessee

2006-Present Associate Department Head  
2009-2014 Appointed the Alvin and Sally Beaman Endowed Professorship  
2009-2014 Appointed the College of Arts and Sciences Excellence Professorship

## **CLINICAL EXPERIENCE**

### **CHEROKEE COMMUNITY MENTAL HEALTH CENTER (August, 2006 – present)**

Knoxville, TN

-Individual psychotherapy with adolescents as well as younger and older adults.

### **POST-DOCTORAL FELLOWSHIP (July, 2000 – July, 2001)**

University of Texas Medical School – Mental Sciences Institute

-Individual and group therapy with adults with anxiety and mood disorders.

Supervisor: Melinda A. Stanley, Ph.D.

### **PSYCHOLOGY RESIDENT (July, 1999 – July, 2000)**

Mental Sciences Institute/Harris County Psychiatric Center

University of Texas Medical School

- Individual outpatient therapy with adults with anxiety and mood disorders.

- Individual & Group inpatient psychotherapy.

- Intake and neuropsychological assessments.

Supervisors: Melinda Stanley, Ph.D., Patricia Averill, Ph.D., & David Lachar, Ph.D.

### **THERAPIST (September, 1998 – June, 1999)**

Chestnut Ridge Hospital (Anxiety Disorders Clinic) WVU School of Medicine

Supervisor: Virginia Goetsch, Ph. D.

### **THERAPIST (August, 1997 – July, 1998)**

Valley Community Mental Health Center

Supervisor: William Fremouw, Ph. D.

### **THERAPIST (August, 1996 – August, 1997)**

Adult Anxiety & Mood Disorders Clinical Team

Quin Curtis Center for Psychological Service, Training, & Research.

Supervisor: Daniel W. McNeil, Ph.D.

### **GRADUATE ASSISTANT/THERAPIST (August, 1996 – August, 1997)**

Quin Curtis Center for Psychological Service, Training, and Research

Supervisors: Jan Kouzes, Ed.D.; Daniel W. McNeil, Ph.D.

### **THERAPIST (August, 1996 – December, 1996)**

Anxiety Disorders Support Group

Supervisor: Daniel W. McNeil, Ph.D.

## **RESEARCH EXPERIENCE**

### **POST-DOCTORAL FELLOW (July, 2000 – July, 2001)**

University of Texas Medical School

- CBT outcome research with older adults diagnosed with GAD.

- Houston VAMC- Using CBT to treat depression and anxiety in patients with COPD.

### **PSYCHOLOGY RESIDENT (June, 1999 – June, 2000)**

University of Texas Medical School

-Cognitive-behavioral treatment outcome research with older adults with GAD.

## **TEACHING EXPERIENCE**

**PSYCHOLOGICAL ASSESSMENT (Graduate) (Fall, 2008-Present)**

**INSTRUCTOR**

The University of Tennessee

**ABNORMAL PSYCHOLOGY (Spring, 2002-Present)**

**INSTRUCTOR**

The University of Tennessee

**GRADUATE STUDENT CLINICAL SUPERVISION (Fall, 2001- Present)**

The University of Tennessee

**UNDERGRADUATE 489 RESEARCH PRACTICUM (Fall, 2001 – Present)**

The University of Tennessee

**INTRODUCTORY PSYCHOLOGY (2000)**

**INSTRUCTOR**

University of Houston

**CLINICAL INTERVIEWING: PROCESS & STRATEGIES (2000)**

**INSTRUCTOR**

University of Texas Medical School

**GRADUATE MULTIVARIATE STATISTICS (1996)**

**GRADUATE RESEARCH DESIGN & METHODS (1996)**

**GRADUATE INTRODUCTORY STATISTICS (1995)**

**HUMAN MEMORY AND COGNITION (1995)**

**INTRODUCTORY PSYCHOLOGY (1994)**

**TEACHING ASSISTANT**

Cleveland State University

## **THESIS AND DISSERTATION COMMITTEES**

### **UNDERGRADUATE HONORS THESIS COMMITTEES**

Justin Carlson (Chair: Defended April, 2004): College Scholars Project

Allison Germain (Chair: Defended May, 2004)

Peter Gleason (Defended June, 1999)

Sara Smith (Chair: Defended May, 2005)

### **MASTER THESIS COMMITTEES**

Maria Armento (Chair: Defended March, 2005)

John Carvalho (Chair: Defended October, 2008)

Lindsey Colman (Chair: 2007)

Julie Crittendon (Chair: Defended June, 2004)

Michael Gawrysiak (Chair: Defended September, 2008)

Erin Gray (2009)

Melissa Hunt (Chair: Defended May, 2004)

Christen Mullane (Chair: Defended April, 2008)

Lada Mujkic (Defended June, 2004)

Meredith Peiken (Defended August, 2004)

Nicole Perez (Defended February, 2006)  
Marlena Ryba (Chair: 2008)  
Chad Simms (Defended April, 2005)  
Laura Widman (Defended June, 2006)  
Nicole Wolf (Chair: Defended November, 2007)

### **DISSERTATION COMMITTEES**

Maria E. A. Armento (Chair: 2008)  
Rob Bare (Chair: Defended April, 2005)  
Ashley Campbell (Defended May, 2004)  
John Carvalho (Chair: 2009)  
Jennifer Christman (2009)  
Joseph Dixon (Defended December, 2008)  
Kim Edmondson (Defended July, 2004)  
Mike Gawrysiak (Chair: 2009)  
Melissa Hunt (Chair: Defended July, 2007)  
Donna Kennedy (Defended July, 2008)  
Christen Mullane (Chair: 2008)  
Sarah M. C. Robertson (Chair: Defended February, 2008)  
Meredith Schwartzman (Chair: Defended May, 2006)  
J.D. Smith (Defended September, 2009)

### **MEMBERSHIP IN PROFESSIONAL ORGANIZATIONS**

Association for the Advancement of Behavior and Cognitive Therapies (ABCT)  
American Psychological Association (APA)  
Society of Behavioral Medicine (SBM)

### **COMMITTEES AND POSITIONS**

Experimental Psychology Promotion and Tenure Committee (Dr. Olson: 2009)  
Counseling Psychology Search Committee (09/2009-Present)  
Faculty Research Mentor (Dawn Syzmanski) (08/2006-08/2007)  
Faculty Research Mentor (Deborah Rhatigan) (08/2007-Present)  
Associate Department Head (08/2006-present)  
College of Arts and Sciences Strategic Planning Committee (08/2007-present)  
Chair: Clinical Psychology Search Committee: 2 Searches (08/2006-05/2007)  
Undergraduate Studies Committee (09/2002-present)  
Undergraduate Research Committee (03/2003-08/2006)  
Experimental Psychology Search Committee (08/2003-06/2004)  
Chair: Experimental (Cognitive) Search Committee (08/2004-03/2005)  
Department of Psychology Executive Committee (08/2005-Present)  
Clinical Psychology Search Committee (08/2005-05/2006)  
Chair: Graduate Clinical Program Admissions (2006)

### **EDITORIAL SERVICE**

#### **Reviewer:**

*Anxiety, Stress, and Coping  
Assessment  
Behaviour Research and Therapy  
Behavior Modification*

*Behavior Therapy*  
*British Journal of Clinical Psychology*  
*Clinical Case Studies*  
*Clinical Psychology Review*  
*Cognitive and Behavioral Practice*  
*Cognitive Therapy and Research*  
*Educational Psychology*  
*Journal of Anxiety Disorders*  
*Journal of Behavioral Analysis in Health, Sports, Fitness and Medicine*  
*Journal of Behavior Therapy and Experimental Psychiatry*  
*Journal of Counseling Psychology*  
*Journal of Consulting and Clinical Psychology*  
*Journal of Psychopathology and Behavioral Assessment*  
*Perceptual and Motor Skills*  
*Personality and Individual Differences*  
*Personality Disorders: Theory, Research, and Treatment*  
*Psychological Assessment*  
*Psychological Reports*  
*Psychotherapy: Theory, Research, Training, & Practice*

**Editorial Boards:**

*Behavior Therapy (2003-Present)*  
*Clinical Case Studies (2004-Present)*  
*Journal of Anxiety Disorders (2001-Present)*  
*Journal of Behavioral Analysis in Health, Sports, Fitness and Medicine (2006-Present)*  
*Journal of Psychopathology and Behavioral Assessment (2003-Present)*  
*Psychotherapy: Theory/Research/Practice/Training. (2005-2008)*

**Grant Reviewer:**

*National Institute of Mental Health (NIMH)*

**RESEARCH ACTIVITY**

**SCHOLARLY PUBLICATIONS (Listed in Chronological Order)**  
**\*\*[graduate student publications]**

**1998**

1. Ashcraft, M. H., Kirk, E., & **Hopko**, D. R. (1998). On the cognitive consequences of mathematics anxiety. In C. Donlan (Ed.), *The Development of Mathematical Skills*. (pp. 175-199) London: UCL press.

2. **Hopko**, D. R., Ashcraft, M. H., Gute, J., Ruggiero, K. J., & Lewis, C. (1998). Mathematics anxiety and working memory: Support for the existence of a deficient inhibition mechanism. *Journal of Anxiety Disorders*, 12, 343-355.

**1999**

3. Eifert, G. H., Zvolensky, M. J., Sorrell, J. T., **Hopko**, D. R., & Lejuez, C. W. (1999). Predictors of self-reported anxiety and panic symptoms: An evaluation of anxiety sensitivity,

suffocation fear, heart-focused anxiety, and breath-holding duration. *Journal of Psychopathology and Behavioral Assessment*, 21 293-305.

4. **Hopko**, D. R., & Hopko, S. D. (1999). What can functional analytic psychotherapy contribute to empirically validated treatments? *Clinical Psychology and Psychotherapy*, 6 349-356.

5. **Hopko**, D. R., Hopko, S. D., & Morris, T. L. (1999). The application of behavioral contracting to authorship status. *the Behavior Therapist*, 22, 93-95.

6. Kellogg, J. S., **Hopko**, D. R., & Ashcraft, M. H. (1999). The effects of time pressure on arithmetic performance. *Journal of Anxiety Disorders*, 13, 591-600.

## 2000

7. **Hopko**, D. R., Bourland, S. L., Stanley, M. A., Beck, J. G., Novy, D. M., Averill, P. M., & Swann, A. C. (2000). Generalized Anxiety Disorder in Older Adults: Examining the Relation Between Clinician Severity Ratings and Patient Self-Report Measures. *Depression and Anxiety*, 12, 217-225.

8. Zvolensky, M. J., Eifert, G. H., Lejuez, C. W., **Hopko**, D. R., & Forsyth, J. P. (2000). Assessing the predictability of anxiety related events: A report on the Perceived Predictability Index. *Behavior Therapy and Experimental Psychiatry*, 31, 201-218.

## 2001

9. Averill, P. M., **Hopko**, D. R., Small, D., Greenlee, H. B., & Varner, R. V. (2001). The Role of Psychometric Data in Predicting Inpatient Mental Health Service Utilization. *Psychiatric Quarterly*, 72, 217-237.

10. **Hopko**, D. R., Averill, P. M., Small, D., Greenlee, H., & Varner, R. V. (2001). Use of the Brief Psychiatric Rating Scale to Facilitate Differential Diagnosis on Acute Inpatient Admission. *Journal of Clinical Psychiatry*, 62, 304-312.

11. **Hopko**, D. R., Lachar, D., Bailey, S. E., & Varner, R. V. (2001). Assessing Predictive Factors for Extended Hospitalization at Acute Psychiatric Admission. *Psychiatric Services*, 52 1367-1373.

12. **Hopko**, D. R., McNeil, D. W., Zvolensky, M. J., & Eifert, G. H. (2001). The relation between anxiety and skill in performance-based anxiety disorders: A behavioral formulation of social phobia. *Behavior Therapy*, 32, 185-207.

13. Lejuez, C. W., **Hopko**, D. R., & Hopko, S. D. (2001). A brief behavioral activation treatment for depression: Treatment manual. *Behavior Modification*, 25 255-286.

14. Lejuez, C. W., **Hopko**, D. R., LePage, J., Hopko, S. D., & McNeil, D. W. (2001). A brief behavioral activation treatment for depression. *Cognitive and Behavioral Practice*, 8, 164-175.

## 2002

15. Carter L. E., McNeil, D. W., Vowles, K. E., Sorrell, J. T., Turk, C. L., Ries, B. J., & **Hopko**, D. R. (2002). Effects of Emotion on Pain Reports, Tolerance, and Physiology. *Pain Research and Management*, 7, 21-30.

**16. Hopko, D. R., Averill, P. M., Cowan, K., & Shah, N. (2002).** Self-reported symptoms and treatment outcome among non-offending psychiatric inpatients. *Journal of Forensic Psychiatry, 13*, 88-106.

**17. Hopko, D. R., McNeil, D. W., Gleason, P. J., & Engle, J. M. (2002).** The card counting task: A measure of cognitive inhibition (ONLINE). (CD-ROM). Abstracts from: Ovid Technologies, HaPI Item 241849.

**18. Hopko, D. R., McNeil, D. W., Gleason, P. J., & Rabalais, A., E. (2002).** The emotional Stroop paradigm: Performance as a function of stimulus properties and self-reported mathematics anxiety. *Cognitive Therapy and Research, 26*, 157-166.

**19. Lejuez, C. W. Hopko, D. R., & Hopko, S. D. (2002).** *The brief behavioral activation treatment for depression (BATD): A comprehensive patient guide.* Boston, MA: Pearson Custom Publishing.

**20. Stanley, M. A., Novy, D. M., Hopko, D. R., Beck, J. G., Averill, P. M., & Swann, A. C. (2002).** Measures of Self-efficacy and optimism in older adults diagnosed with generalized anxiety disorder. *Assessment, 9*, 70-81.

## 2003

**21. Diefenbach, G., Hopko, D. R., Feigon, S., Novy, D. M., Stanley, M. A., Beck, J. G., & Averill, P. A. (2003).** "Minor GAD": Characteristics of subsyndromal GAD in older adults. *Behaviour Research and Therapy, 41*, 481-487.

**22. Hopko, D. R. (2003).** Confirmatory factor analysis of the Math Anxiety Rating Scale – Revised. *Educational and Psychological Measurement, 63*, 336-351.

**23. Hopko, D. R., Armento, M., Chambers, L., & Cantu, M., & Lejuez, C. W. (2003).** The use of daily diaries to assess the relations among mood state, overt behavior, and reward value of activities. *Behaviour Research and Therapy, 41*, 1137-1148.

**24. Hopko, D. R., & Hopko, S. D. (2003).** Employee Assistance Programs: Opportunities for behavior therapists. *The Behavior Therapist, 26*, 301-304.

**25. Hopko, D. R., Lejuez, C. W., LePage, J. P., Hopko, S. D., & McNeil, D. W. (2003).** A brief behavioral activation treatment for depression: A randomized trial within an inpatient psychiatric hospital. *Behavior Modification, 27*, 458-469.

**26. Hopko, D. R., Lejuez, C. W., Ruggiero, K. J., & Eifert, G. H. (2003).** Contemporary Behavioral Activation Treatments for Depression: Procedures, Principles, and Progress. *Clinical Psychology Review, 23*, 699-717.

**27. Hopko, D. R., Mahadevan, R., Bare, R. L., & Hunt, M. K. (2003).** The Abbreviated Math Anxiety Rating Scale (AMAS): Construction, validity, and reliability. *Assessment, 10*, 178-182.

**28. Hopko, D. R., McNeil, D. W., Lejuez, C. W., Ashcraft, M. H., Eifert, G. H., & Riel, J. (2003).** The effects of anxious responding on arithmetic and lexical decision task performance. *Journal of Anxiety Disorders, 17*, 647-665.

29. **Hopko**, D. R., Sanchez, L., Hopko, S. D., Dvir, S., & Lejuez, C. W. (2003). Behavioral Activation and the Prevention of Suicidal Behaviors in patients with Borderline Personality Disorder. *Journal of Personality Disorders, 17*, 460-478.
30. **Hopko**, D. R., & Stanley, M. A. (2003). Anxiety disorders in older adults: Assessment, treatment, and future directions. *Directions in Clinical Counseling and Psychology*. (pp. 49-64). New York: The Hatherleigh Company, Ltd.
31. **Hopko**, D. R., Stanley, M. A., Reas, D., Wetherell, J., Beck, J. G., Novy, D., & Averill, P. M. (2003). Assessing worry in older adults: Confirmatory factor analysis of the Penn State Worry Questionnaire and Psychometric Properties of an Abbreviated Model. *Psychological Assessment, 15*, 173-183.
32. Stanley, M. A., Beck, J. G., Novy, D. M., Averill, P. M., Swann, A. C., Diefenbach, G., & **Hopko**, D. R. (2003). Cognitive-behavioral treatment of late-life generalized anxiety disorder. *Journal of Consulting and Clinical Psychology, 71*, 309-319.
33. Stanley, M. A., Diefenbach, G. J., **Hopko**, D. R., Novy, D., Kunik, M. E., Wilson, N., & Wagener, P. (2003). The Nature of Generalized Anxiety in Older Primary Care Patients: Preliminary Findings. *Journal of Psychopathology and Behavioral Assessment, 25*, 273-281.
34. Stanley, M. A., **Hopko**, D. R., Diefenbach, G. J., Bourland, S. L., Rodriguez, H., & Wagener, P. (2003). Cognitive Behavior Therapy for Late-Life Generalized Anxiety Disorder in Primary Care (CBT-GAD/PC): Preliminary Findings. *American Journal of Geriatric Psychiatry, 11*, 92-96.

#### 2004

- \*\*35. Bare, R. L., **Hopko**, D. R., & Armento, M. E. A. (2004). The Relation of psychopathic characteristics and anxiety among non-criminals: Physiological and cognitive responses to guided imagery. *Journal of Psychopathology and Behavioral Assessment, 26*, 225-232.
36. **Hopko**, D. R., Lejuez, C. W., Armento, M. E. A., & Bare, R. L. (2004). Depressive disorders (pp.85-116). In M. Hersen (Ed.), *Psychological assessment in clinical practice: A pragmatic guide*. New York: Taylor & Francis.
37. **Hopko**, D. R., Lejuez, C. W., & Hopko, S. D. (2004). Behavioral activation as an intervention for co-existent depressive and anxiety symptoms. *Clinical Case Studies, 3*, 37-48.
38. Stanley, M. A., Diefenbach, G., & **Hopko**, D. R. (2004). Cognitive-behavioral treatment for older adults with generalized anxiety disorder: A therapist manual for primary care settings. *Behavior Modification, 28*, 73-117.

#### 2005

39. **Hopko**, D. R., Hunt, M. K., & Armento, M. E. A. (2005). Attentional task aptitude and performance anxiety. *International Journal of Stress Management, 12*, 389-408.
40. **Hopko**, D. R., Bell, J. L., Armento, M. E. A., Hunt, M. K., & Lejuez, C. W. (2005). Behavior therapy for depressed cancer patients in primary care. *Psychotherapy: Theory, Research, Practice, Training, 42*, 236-243.

41. **Hopko**, D. R., Stowell, J., Jones, W. H., Armento, M. E. A., & Cheek, J. M. (2005). Psychometric properties of the Revised Cheek and Buss Shyness Scale. *Journal of Personality Assessment*, *84*, 186-193.

42. **Hopko**, D. R., Hopko, S. D., & Lejuez, C. W. (2005). Behavior Activation. In M. Hersen & J. Rosqvist (Eds.), *Encyclopedia of Behavior Modification and Cognitive Behavior Therapy: Volume I* (pp.46-51). Thousand Oaks, CA: Sage.

43. **Hopko**, D. R., & Hughes, F. (2005). Stress Inoculation Training. In M. Hersen & J. Rosqvist (Eds.), *Encyclopedia of Behavior Modification and Cognitive Behavior Therapy: Volume I* (pp.569-573). Thousand Oaks, CA: Sage.

44. **Hopko**, D. R., Crittendon, J., Grant, E., & Wilson, S. L. (2005). The Impact of Anxiety on Performance IQ. *Anxiety, Stress, & Coping: An International Journal*, *18*, 17-35.

\*\*45. Hunt, M. K., **Hopko**, D. R., Bare, R., Lejuez, C. W., & Robinson, E. V. (2005). Construct Validity of the Balloon Analog Risk Task (BART): Associations with Psychopathy and Impulsivity. *Assessment*, *12*, 1-13.

46. Lejuez, C. W., **Hopko**, D. R., & Daughters, S. B. (2005). A Mental Health Counselor's Guide to the Brief Behavioral Activation Treatment for Depression (BATD). In *New Directions in Mental Health Counseling* (pp.81-90). Long Island City, NY: The Hatherleigh Company.

47. Lejuez, C. W., **Hopko**, D. R., Levine, S., Gholkar, R., & Collins, L. M. (2005). *Therapeutic Alliance in Behavior Therapy. Psychotherapy: Theory, Research, Practice, Training*, *42*, 456-468.

48. Stanley, M. A., Veazey, C., **Hopko**, D. R., Diefenbach, G., & Kunik, M. (2005). Anxiety and depression in chronic obstructive pulmonary disease (COPD): A new intervention and case report. *Cognitive and Behavioral Practice*, *12*, 424-436.

49. Wetherell, J. L., **Hopko**, D. R., Diefenbach, G. J., Averill, P. M., Beck, J. G., Craske, M. G., Gatz, M., Novy, D. M., & Stanley, M. A. (2005). Cognitive-behavioral therapy for late-life generalized anxiety disorder: Who gets better? *Behavior Therapy*, *36*, 147-156.

## 2006

\*\*50. Crittendon, J., & **Hopko**, D. R. (2006). Assessing worry in older and younger adults: Psychometric properties of an Abbreviated Penn State Worry Questionnaire (PSWQ-A). *Journal of Anxiety Disorders*, *20*, 1036-1054.

51. **Hopko**, D. R., Hopko, S. D., & Lejuez, C. W. (2006). Behavioral assessment of work-related issues. In M. Hersen (Ed.), *Clinical handbook of behavioral assessment, Vol. 1*. (pp. 567-599). New York: Academic Press.

52. **Hopko**, D. R., Lejuez, C. W., Osborne, A., Daughters, S. B., Aklon, W. M., & Strong, D. R. (2006). Construct Validity of the Balloon Analog Risk Task (BART): Relationship with MDMA use by Inner-City Drug Users in Residential Treatment. *Journal of Psychopathology and Behavioral Assessment*, *28*, 95-101.

53. **Hopko**, D. R., Robertson, S., & Lejuez, C. W. (2006). Behavioral Activation for Anxiety Disorders. *The Behavior Analyst Today*, *7*, 212-232.

2007

- \*\*54. Armento, M. E. A., & **Hopko**, D. R. (2007). The Environmental Reward Observation Scale (EROS): Development, Validity, and Reliability. *Behavior Therapy*, 38, 107-119.
55. Ashcraft, M. H., Krause, J. A., & **Hopko**, D. R. (2007). Math Anxiety as a Mathematics Learning Disability. In D. B. Berch & M. M. M. Mazzocco (Eds.), *Mathematical Learning Disabilities: Research, Theory, and Practice* (pp. 329-348). New York: Plenum.
56. **Hopko**, D. R., Hopko, S. D., & Lejuez, C. W. (2007). *Mood Disorders*. In P. Sturmey (Ed.), *The Handbook of Functional Analysis and Clinical Psychology* (pp. 307-334). New York: Elsevier Press.
57. **Hopko**, D. R., & Lejuez, C. W. (2007). *A Cancer Patient's Guide to Overcoming Depression and Anxiety: Getting Through Treatment and Getting Back to Your Life*. Oakland, CA: New Harbinger Publications Inc.
58. **Hopko**, D. R., Robertson, S. M. C., Widman, L., & Lejuez, C. W. (2007). Specific phobias. In M. Hersen and J. Rosqvist (Eds.), *The Handbook of Assessment, Conceptualization, and Treatment (HACT)* (pp. 139-170) New York: John Wiley.
59. Ruggiero, K. J., Morris, T. L., **Hopko**, D. R., & Lejuez, C. W. (2007). Application of behavioral activation treatment for depression to an adolescent with a history of child maltreatment. *Clinical Case Studies*, 6, 64-78.

2008

60. Daughters, S. B., Braun, A. R., Sargeant, M. N., Reynolds, E. K., **Hopko**, D. R., Blanco, C., Nunes, E., & Lejuez, C. W. (2008). Effectiveness of a brief behavioral treatment for inner-city illicit drug users with elevated depressive symptoms: The Life Enhancement Treatment for Substance Use (LETS ACT!). *Journal of Clinical Psychiatry*, 69, 122-129.
61. **Hopko**, D. R., Bell, J. L., Armento, M. E. A., Robertson, S. M. C., Mullane, C., Wolf, N., & Lejuez, C. W. (2008). Cognitive-behavior therapy for depressed cancer patients in a medical care setting. *Behavior Therapy*, 39, 126-136.
62. **Hopko**, D. R., Bell, J., Armento, M. E. A., Robertson, S. M. C., Hunt, M. K., Wolf, N. J., & Mullane, C. (2008). Phenomenology and screening of clinical depression in cancer patients. *Journal of Psychosocial Oncology*, 26, 31-51.
63. **Hopko**, D. R., Colman, L., & Carvalho, J. P. (2008). Depression in cancer patients: Prevalence, impact, assessment, and intervention. *Depression: Mind and Body*, 4, 51-62.
64. **Hopko**, D. R., & Mullane, C. M. (2008). Exploring the relation of depression and overt behavior using daily diaries. *Behaviour Research and Therapy*, 46, 1085-1089.
65. **Hopko**, D. R., & Robertson, S. M. C. (2008). Depression. In F. T. L. Leong (Ed.), *Encyclopedia of Counseling* (Vol. 2, pp. 557-561). New York: Sage.
66. Kunik, M. E., Veazey, C., Cully, J. A., Graham, D. P., **Hopko**, D. R., Carter, R., Sharafkhaneh, A., Goepfert, E. J., Wray, N., & Stanley, M. A. (2008). COPD education and cognitive

behavioral therapy for depression and anxiety in COPD patients: A randomized controlled trial. *Psychological Medicine*, 38, 385-396.

\*\*67. Wolf, N., & **Hopko**, D. R. (2008). Psychosocial and pharmacological interventions for depressed adults in primary care: A critical review. *Clinical Psychology Review*, 28, 131-161.

\*\*68. Wolf, N. J., & **Hopko**, D. R. (2008). Predicting the frequency, duration, and intensity of running behavior: The inhibitory effects of cardiac anxiety. *Journal of Behavior Analysis in Sports, Health, Fitness, and Behavioral Medicine*, 1, 45-53.

69. Tull, M. T., Bornovalova, M. A., Patterson, R., **Hopko**, D. R., & Lejuez, C. W. (2008). Analogue Research Methods. In D. McKay (Ed.), *Handbook of Research Methods in Abnormal and Clinical Psychology* (pp.61-78). Thousands Oaks, CA: Sage.

## 2009

\*\*70. Armento, M. E. A., & **Hopko**, D. R. (2009). Behavioral Activation of a Breast Cancer Patient with Co-existent Major Depression and Generalized Anxiety Disorder. *Clinical Case Studies*, 8, 25-37.

\*\*71. Carvalho, J. P., & **Hopko**, D. R. (2009). Treatment of a Depressed Breast Cancer Patient with Problem-Solving Therapy. *Clinical Case Studies*, 8, 263-276.

\*\*72. Gawrysiak, M., Nicholas, C., & **Hopko**, D. R. (2009). A Randomized Controlled Trial of Behavior Activation for Depressed Colleges Students. *Journal of Counseling Psychology*, 56, 468-475.

73. **Hopko**, D. R., Robertson, S. M. C., & Carvalho, J. (2009). Sudden Gains in Depressed Cancer Patients Treated with Behavioral Activation Therapy. *Behavior Therapy*, 40, 346-356.

74. **Hopko**, D. R., Robertson, S. M. C., & Colman, L. (2009). Behavioral Activation Therapy for Depressed Cancer Patients: Factors Associated with Treatment Outcome and Attrition. *The International Journal of Behavioral Consultation and Therapy*, 4, 319-327.

\*\*75. Hunt, M. K., & **Hopko**, D. R. (2009). Depression as a Primary Predictor of High School Truancy among Students in the Appalachia South. *Journal of Primary Prevention*, 30, 549-567.

\*\*76. Robertson, S. M. C., & **Hopko**, D. R. (2009). Experiential Avoidance and Autobiographical Narratives in Early and Late Adulthood. *Aging and Mental Health*, 13, 636-644.

## IN PRESS

76. **Hopko**, D. R., & Johanson, L. C. (in press). The impact of cognitive interventions in treating depressed cancer patients. *Journal of Cognitive Psychotherapy*.

78. Lejuez, C.W., Hall-Brown, T., & **Hopko**, D. R. (in press). A behavioral formulation of a case of depression. In *Varieties of Case Formulation*. P. Sturmey (Ed). UK: Wiley.

79. MacPherson, L., Lejuez, C.W., Tull, M. T., Matusiewicz, A., Rodman, S., Strong, D.R., Kahler, C.W., **Hopko**, D. R., Zvolensky, M., & Brown, R.B. (in press). Randomized controlled trial of

behavioral activation smoking cessation treatment for smokers with elevated depressive symptoms.  
*Journal of Consulting and Clinical Psychology.*

### MANUSCRIPTS SUBMITTED FOR REVIEW

**\*\*Carvalho, J. P., & Hopko, D. R.** *The Impact of Decreased Environmental Reward in Predicting Depression Severity: Support for Behavioral Theories of Depression.* Manuscript submitted for publication.

### RESEARCH & MANUSCRIPTS IN PROGRESS

**Hopko, D. R., Armento, M. E. A., Colman, L., Robertson, S. M. C., Carvalho, J. P., Ryba, M., Mullane, C., Gawrysiak, M., Bell, J. L., & Lejuez, C. W.** *Behavior Activation and Problem-Solving Therapy for Depressed Breast Cancer Patients: Randomized Controlled Trial.*

**Hopko, D. R., Carvalho, J. P., Colman, L., Ryba, M., & Hunt, M. K.** Predicting Adolescent depression in Rural Appalachian High School Students.

**Hopko, D. R., Eisenstadt, M., & Plenzler, S., Smith, S., Miles, T., Hardesty, M, Smith, J., & Rozell, B.** *Predicting C-PAP non-compliance in patients with sleep apnea.*

### GRANTS AND AWARDS

#### **Funded**

**1. Behavior Activation for Depressed Breast Cancer Patients: Randomized Controlled Trial.**

Principal Investigator: Derek R. Hopko, Ph.D.  
Agency: Susan G. Komen Breast Cancer Foundation  
Type: Clinical Research Grant  
Period: 05/01/2007 – 05/01/2010  
Total Costs = \$300,000.  
Role on Project: Principal Investigator

**2. CBATD for Depressed Cancer Patients.**

Principal Investigator: Derek R. Hopko, Ph.D.  
Agency: National Cancer Institute/National Institute of Mental Health  
Type: R03 (Project R03 CA112918-01)  
Period: 01/01/2005 – 12/31/2006  
Total Costs = \$141,068.  
Role on Project: Principal Investigator

**3. The Behavioral Treatment of Depressed Cancer Patients in Primary Care.**

Principal Investigator: Derek R. Hopko, Ph.D.  
Agency: National Institute of Mental Health  
Type: BSTART (Project R03 MH067569-01)  
Period: 01/01/2003 – 12/31/2003  
Total Costs = \$72,750.  
Role on Project: Principal Investigator

**4. Assessing predictors of C-PAP Compliance in Sleep Apnea Patients.**

Co-Principal Investigators: Derek R. Hopko, Ph.D., Steve Plenzler, Ph.D., & Michael Eisenstadt, M.D.

Agency: St. Mary's Hospital  
Type: Sleep Medicine Research Development Award  
Period: 01/01/2005 – 12/31/2005  
Total Costs = \$6,000  
Role on Project: Co-Principal Investigator

**5. Insulin Dependent Diabetes Mellitus in Children: Affective, Behavioral, and Social Consequences.**

Co-Principal Investigators: Derek R. Hopko, Ph.D. & Meredith Peiken, B.A.  
Agency: The University of Tennessee  
Type: Professional Development Award  
Period: 01/01/2003 – 12/31/2003  
Total Costs = \$3,144  
Role on Project: Co-Principal Investigator

**6. A Cognitive Behavioral Intervention for Depression and Anxiety in COPD.**

Principal Investigator: Mark Kunik, M.D.  
Agency: National Institute of Mental Health (Project No. IIR 00-097)  
Period: 1/1/2002 - 12/31/2005.  
Total Costs = \$852,000  
Role on Project: Consultant

**7. Treating Late-life GAD in Primary Care.**

Principal Investigator: Melinda Stanley, Ph.D.  
Agency: National Institute of Mental Health  
Period: 10/2003 - 09/2007.  
Total Costs = \$1,200,000  
Role on Project: Independent Evaluator – Treatment Integrity

**8. Behavioral Activation Treatment for Chronic Smokers**

Principal Investigator: Carl W. Lejuez, Ph.D.  
Agency: National Institute of Mental Health  
Period: 01/2006 - 12/2008.  
Total Costs = \$800,000  
Role on Project: Consultant – Behavior Activation Treatment Design and Implementation

**9. CBT for Late-Life GAD in Primary Care: Enhancing Outcomes and Translational Value**

Principal Investigator: Melinda Stanley, Ph.D.  
Agency: National Institute of Mental Health  
Period: 09/2008 - 09/2011.  
Total Costs = \$1,000,000  
Role on Project: Independent Evaluator – Treatment Integrity

**Unfunded**

Hopko, D. R. (2002). Insulin-dependent Diabetes Mellitus in Children and Adolescents: Affective, Behavioral, and Social Consequences. Research Grant submitted to the American Diabetes Association. [Role: Principal Investigator].

Hopko, D. R. (2003). The Behavioral Treatment of Depression in a Medical Care Setting. R34 Research Grant submitted to the National Institute of Mental Health. [Role: Principal Investigator].

Hopko, D. R. (2005). Cognitive-Behavioral Treatment of Depressed Cancer Patients in Primary Care. Research Scholar Grant submitted to the American Cancer Society. [Role: Principal Investigator].

## HONORS

- *Faculty Appreciation Award* for contributions in graduate student teaching and research (2003). Award presented by the Department of Psychology at The University of Tennessee.
- Selected for *Marquis Who's Who in America* (58<sup>th</sup> Edition: 2004).
- *Psychology Faculty Member of the Year (Undergraduate Psi Chi)* (2004). Award presented by the Department of Psychology at The University of Tennessee.
- Nominated by the Department of Psychology and the College of Arts and Sciences for the University of Tennessee *Alumni Outstanding Teaching Award* (2005, 2006).
- Nominated for the *Alexander Award* (excellence in research and teaching) by the University of Tennessee College of Arts and Sciences (2006).
- Recipient of the *University of Tennessee's Chancellors Award for Professional Promise in Academia* (2006): Research Award of \$3000.00.
- Nominated for the College of Arts and Sciences Junior Research/Creative Achievement Award (2007, 2008).
- Selected for the Biltmore Honors Edition of *Who's Who Among Executives and Professionals* (2009).
- Appointed the Alvin and Sally Beaman Endowed Professorship (2009-2014).
- Appointed the College of Arts and Sciences Excellence Professorship (2009-2014).

## POSTERS AND PRESENTATIONS

### 1997

1. Gleason, P. J., & **Hopko**, D. R. (1997, March). *Avoidant personality disorder and generalized social phobia: Qualitative or quantitative differences?* Poster presented at the Annual Psychology Poster Session at West Virginia University, Morgantown, WV.

2. **Hopko**, D. R., Ashcraft, M. H., & Gleason, P. J. (1997, April). *Mathematics anxiety disrupts inhibition in working memory*. Poster presented at the West Virginia Psychological Association Conference (2<sup>nd</sup> place in the category of Experimental Cognitive presentations). Abstract published in *The West Virginia Journal of Psychological Research and Practice*, 6, 127.

3. Masia, C. L., McNeil, D. W., Hope, D. A., Cohn, L., & **Hopko**, D. R. (1997, November). *The use of Stroop test stimuli for the treatment of social phobia*. Symposium presented at the Association for the Advancement of Behavior Therapy Annual Convention, Miami, FL.

### 1998

4. Eifert, G. H., Zvolensky, M. J., Lejuez, C. W., **Hopko**, D. R., & Forsyth, J. P. (1999, November). *Assessing the predictability of anxiety related events: The Prediction Questionnaire*. Poster presented at the 33<sup>rd</sup> annual meeting of the Association for the Advancement of Behavior Therapy, Toronto, Ontario, Canada.

5. **Hopko**, D. R., Lejuez, C. W., McNeil, D. W., & Hopko, S. D. (1998, November). *A brief behavioral activation treatment for depression*. Poster presented at the 32<sup>nd</sup> annual meeting of the Association for the Advancement of Behavior Therapy, Washington, DC.

6. Rabalais, A., McNeil, D. W., **Hopko**, D. R., & Gleason, P. J. (1998, March). *Reactions to testing situations*. Poster presented at the annual meeting of the Anxiety Disorders Association of America, Boston, MA.

### 1999

7. **Hopko**, D. R. (1999, March). *Interpersonal attraction and relationships: Implications for the etiology and maintenance of clinical depression*. Symposium presented at West Virginia University, Morgantown, WV.

8. **Hopko**, D. R. (1999, April). *Math anxiety correlates: What they tell us about the development of mathematics anxiety*. Symposium presented at West Virginia University, Morgantown, WV.

9. **Hopko**, D. R. (1999, November). *Assessment and treatment of anxiety and mood disorders in refugee populations*. Seminar presented at Interfaith Ministries of Greater Houston, Houston, TX.

10. **Hopko**, D. R. (1999, December). *Predicting Referral for Extended Hospitalization at Acute Psychiatric Admission*. Research seminar presented at the University of Texas Medical School, Houston, Texas.

11. **Hopko**, D. R., & Johnson, A. (1999, September). *Adjunct behavioral and pharmacological treatment for obsessive compulsive disorder: Case of a woman with a primary fear of lice infestation*. Case conference presented at the University of Texas Medical Center - Mental Sciences Institute, Houston, TX.

12. **Hopko**, D. R., Lejuez, C. W., McNeil, D. W., & Hopko, S. D. (1999, June) *A brief behavioral activation treatment for depression: An adjunct to pharmacotherapy*. Poster presented at the 3<sup>rd</sup> International Conference on Bipolar Disorder, Pittsburgh, PA. Abstract published in *Bipolar Disorders*, 1, 36.

13. **Hopko**, D. R., LePage, J., Hopko, S. D., Lejuez, C. W., McNeil, D. W., & Roberts, H. (1999, November). *A brief behavioral activation treatment for depression: Implementation and efficacy within an inpatient setting*. Poster presented at the 33<sup>rd</sup> annual meeting of the Association for the Advancement of Behavior Therapy, Toronto, Ontario, Canada.

14. **Hopko**, D. R., & Vittone, A. (1999, November). *The utility of implosive therapy and pharmacotherapy in treating refugees with posttraumatic stress disorder*. Case conference presented at the University of Texas Medical Center - Mental Sciences Institute, Houston, TX.

15. McLeer, S. V., Ruggiero, K. J., & **Hopko**, D. R. (1999, November). *Child sexual abuse: Prevalence of psychiatric symptoms*. Poster presented at the 33<sup>rd</sup> annual meeting of the Association for the Advancement of Behavior Therapy, Toronto, Ontario, Canada.

## 2000

16. Eifert, G. H., Zvolensky, M. J., Sorrell, J. T., **Hopko**, D. R., Lejuez, C. W., & Detweiler M. F. (2000). *Predictors of anxiety and panic symptoms: An evaluation of anxiety sensitivity, suffocation fear, heart-focused anxiety, and breath-holding duration*. Poster presented at the 34<sup>th</sup> annual meeting of the Association for the Advancement of Behavior Therapy, New Orleans, Louisiana.

17. Feigon, S. A., Novy, D., Stanley, M. A., Beck, J. G., Averill, P. M., Swann, A., **Hopko**, D. R., & Shack, A. (2000, June). *Minor GAD: The phenomenology and correlates of subsyndromal generalized anxiety disorder in older adults*. Research Seminar presented at the Mental Sciences Institute, Houston, Texas.

18. **Hopko**, D. R. (2000, August). *Predicting referral for extended hospitalization at acute psychiatric admission*. Symposium: Acute psychiatric inpatients: Assessing symptomatic change and predicting service utilization. Paper presented at the 108<sup>th</sup> Annual Convention, American Psychological Association, Washington, DC.

19. **Hopko**, D. R. (2000, June). *The Role of Psychometric Data in Facilitating Differential Diagnosis and Predicting Mental Health Service Utilization on Acute Psychiatric Admission*. Research seminar presented at the University of Texas Medical School, Houston, Texas.

20. **Hopko**, D. R. (2000, December). *A Brief Behavioral Activation Treatment for Depression: Pilot data and future directions*. Research presented at the University of Nevada Las Vegas, Las Vegas, Nevada.

21. **Hopko**, D. R., Bourland, S. L., Stanley, M. A., Beck, J. G., Novy, D. M., Averill, P. M., & Swann, A. C. (2000, November). *Generalized Anxiety Disorder in Older Adults: Examining the Relation Between Clinician Severity Ratings and Patient Self-Report Measures*. Poster presented at the 34<sup>th</sup> annual meeting of the Association for the Advancement of Behavior Therapy, New Orleans, Louisiana.

22. **Hopko**, D. R., McNeil, D. W., Lejuez, C. W., & Eifert, G. H. *Carbon dioxide inhalation as a method of anxiety induction: Aversive, arousing, or uncomfortable?* (2000, November). Poster presented at the 34<sup>th</sup> annual meeting of the Association for the Advancement of Behavior Therapy, New Orleans, Louisiana.

23. Lejuez, C. W., **Hopko**, D. R., Hopko, S. D., & Sorrel, J. (2000, May). *A Brief Behavioral Activation Treatment for Depression*. Workshop presented at the 26th annual meeting of the Association for Behavior Analysis, Washington, DC.

## 2001

24. Brothers, A., Lachar, D., Bailey, S., Espadas, A., & **Hopko**, D. R. (2001, August). *An investigation of factors associated with early psychiatric hospital readmission*. Poster presented at the 109<sup>th</sup> Annual Convention, American Psychological Association, San Francisco, CA.

25. Lejuez, C. W., **Hopko**, D. R., Hopko, S. D., Ruggiero, K. J. (2001, May). *Behavioral Activation Treatment for Depression: Utilization of the Patient and Therapist Manuals*. Workshop

presented at the 27th annual meeting of the Association for Behavior Analysis, New Orleans, Louisiana.

**26. Hopko, D. R.** (2001, January). *A Brief Behavioral Activation Treatment for Depression: Inpatient and outpatient applications and future directions*. Research colloquium presented at the University of Tennessee, Knoxville, Tennessee.

**27. Hopko, D. R.** (2001, January). *Cognitive-behavioral treatment of obsessive-compulsive disorder: On the utility of incorporating behavioral activation strategies*. Case Conference presented at the University of Tennessee, Knoxville, Tennessee.

**28. Hopko, D. R.** (2001, February). *Anxiety and performance: Behavioral disruption as a function of fear induction*. Research colloquium presented at the University of Toledo, Toledo, Ohio.

**29. Hopko, D. R., Novy, D., Stanley, M. A., Beck, J. G., Averill, P. M., & Swann, A. C.** (2001, November). *An empirical taxonomy of older adults diagnosed with generalized anxiety disorder*. Poster presented at the 35<sup>th</sup> annual meeting of the Association for the Advancement of Behavior Therapy, Philadelphia, PA.

**30. Hopko, D. R., Stanley, M. A., Novy, D. M., Beck, J. G., Averill, P. M., & Swann, A. C.** (2001, November). *Psychometric properties of the Self-efficacy Scale and Life Orientation Test among older adults diagnosed with generalized anxiety disorder*. Poster presented at the 35<sup>th</sup> annual meeting of the Association for the Advancement of Behavior Therapy, Philadelphia, PA.

**31. Hopko, D. R., McNeil, D. W., Lejuez, C. W., & Eifert, G. H.** (2001, November). *The impact of anxiety sensitivity on physiological responding, self-reported fear, and overt behavior*. Poster presented at the 35<sup>th</sup> annual meeting of the Association for the Advancement of Behavior Therapy, Philadelphia, PA.

**32. Stanley, M. A., Hopko, D. R., Diefenbach, G., Bourland, S., & Brothers, A.** (2001, November). *Treating generalized anxiety disorder in older primary care patients*. Poster presented at the 35<sup>th</sup> annual meeting of the Association for the Advancement of Behavior Therapy, Philadelphia, PA.

**33. Stanley, M. A., Beck, J. G., Novy, D. M., Averill, P. M., & Swann, A. C., Diefenbach, G., & Hopko, D. R.** (2001, November). *Cognitive-behavioral treatment of late life generalized anxiety disorder*. Poster presented at the 35<sup>th</sup> annual meeting of the Association for the Advancement of Behavior Therapy, Philadelphia, PA.

**34. Hopko, D. R., Stanley, M. A., Hopko, S. D., & Lejuez, C. W.** (2001, November). *Utilization of a behavioral activation treatment as an intervention for coexistent anxiety and depressive symptoms*. Poster presented at the 35<sup>th</sup> annual meeting of the Association for the Advancement of Behavior Therapy, Philadelphia, PA.

**35. Hopko, D. R.** (2001, November). *The behavioral treatment of clinical depression: Past, Present, and future directions*. Colloquium presented at the University of Tennessee, Knoxville.

## 2002

**36. Armento, M. E., Hopko, D. R., Cantu, M. S., & Chambers, L. L.** (2002). The relations among overt behavior, reinforcement value, and mood state. Poster presented at the 36<sup>th</sup> annual meeting of the Association for the Advancement of Behavior Therapy, Reno, NV.

37. Bare, R. L., Peiken, M., **Hopko**, D. R., Carr, L. C., Hood, A., Thomasson, T. D., Fowler, R. M., Renfro, A. N., Simmons, D., & Cinnamon, J. (2002). *The relation of psychopathy and trait anxiety: Impact on physiological and cognitive responsivity to aversive stimuli*. Poster presented at the 36<sup>th</sup> annual meeting of the Association for the Advancement of Behavior Therapy, Reno, NV.

38. **Hopko**, D. R. (2001, November). *The behavioral treatment of clinical depression: History and future directions*. Colloquium presented at the University of Tennessee, Knoxville.

39. **Hopko**, D. R., Stanley, M. A., Reas, D., Wetherell, J. L., Beck, J. G., Novy, D. M., & Averill, P. M. (2002). *Assessing worry in older adults: Psychometric properties of an abbreviated version of the Penn State Worry Questionnaire (PSWQ-A)*. Poster presented at the 36<sup>th</sup> annual meeting of the Association for the Advancement of Behavior Therapy, Reno, NV.

40. Hunt, M. K., **Hopko**, D. R., Bare, Armento, M. E. A., R. L., Beene, J. L., Engle, J. M., Robinson, E. V., Whitt, K., & Wilson, S. A. (2002). *Examining attentional processes as a function of self-reported anxiety*. Poster presented at the 36th Annual meeting of the Association for the Advancement of Behavior Therapy, Reno, NV.

41. Stowell, J., **Hopko**, D. R., Jones, W. H., Armento, M. E. A., Compton, J., Edmondson, K., & Piferi, R. (2002). *Psychometric properties of the Revised Shyness Scale*. Poster presented at the 36th Annual meeting of the Association for the Advancement of Behavior Therapy, Reno, NV.

## 2003

42. Armento, M. E. A., Hunt, M. K., Cantu, M., Chambers, L., Renfro, A. N., & **Hopko**, D. R. (2003). *Depressive symptoms and overt behavior: Toward understanding the quantitative and qualitative aspects of daily activities*. Poster presented at the 37th Annual meeting for the Association for the Advancement of Behavior Therapy, Boston, MA.

43. Bare, R. L., Lejuez, C. W., & **Hopko**, D. R. (2003). *The Assessment of Psychopathic traits and impulsivity using the Balloon Analog Risk Task (BART)*. Poster presented at the 37th Annual meeting for the Association for the Advancement of Behavior Therapy, Boston, MA.

44. Crittendon, J, Beene, J. H., Cinnamon, J., Robinson, E. V., Wilson, S. A., Wright, C., & **Hopko**, D. R. (2003). *Intelligence Test Performance as a function of self-reported anxiety*. Poster presented at the 37th Annual meeting for the Association for the Advancement of Behavior Therapy, Boston, MA.

45. Daughters, S. B., Lejuez, C. W., Aclin, W. M., Osbourne, A. O., Simmons, B. L., **Hopko**, D. H., & Strong, D (2003, June). *Examining the relationship between risk-taking propensity and MDMA use in college students and treatment seeking drug users*. Paper presented at the 65<sup>th</sup> annual meeting of the College on Problems of Drug Dependence, Bal Harbor, Florida.

46. Diefenbach, G. J., Stanley, M. A., **Hopko**, D. R., Novy, D., Kunik, M. E., Wilson, N., & Wagener, P. (2003). *The Nature of Generalized Anxiety in Older Primary Care Patients: Preliminary Findings*. Poster presented at the 37th Annual meeting for the Association for the Advancement of Behavior Therapy, Boston, MA.

47. **Hopko**, D. R. (2003). *Behavioral Activation Treatment for Depression: Current Research and Future Directions*. Colloquium Presented at the University of Tennessee, Knoxville.

48. **Hopko**, D. R., Hopko, S. D., & Lejuez, C. W. (2003). *Behavioral Activation within an EAP setting: Successful treatment of a patient with coexistent depressive and anxious symptoms*. Poster presented at the 37th Annual meeting for the Association for the Advancement of Behavior Therapy, Boston, MA.
49. **Hopko**, D. R. (2003). *The Assessment and Treatment of Clinical Depression: Applications to individuals with Multiple Sclerosis*. Presentation given at the National Multiple Sclerosis Society of Knoxville.
50. Peiken, M. M., Germain, A., Kirksey, K., & **Hopko**, D. R. (2003). *Insulin-dependent Diabetes Mellitus in Preadolescent Children: Affective and Behavioral Correlates*. Poster presented at the 37th Annual meeting for the Association for the Advancement of Behavior Therapy, Boston, MA.
51. Sanchez, L. M., **Hopko**, D. R., Hopko, S. D., & Lejuez, C. W. (2003). *Behavioral activation and the prevention of suicidal behaviors in a patient with borderline personality disorder*. Poster presented at the 37th Annual meeting for the Association for the Advancement of Behavior Therapy, Boston, MA.
52. Veazey, C., Stanley, M. A., **Hopko**, D. R., Densmore, D., & Kunik, M. (2003). *Randomized Controlled Trial of a Cognitive Behavioral Intervention for Anxiety and Depression in Chronic Obstructive Pulmonary Disease*. Poster presented at the 37th Annual meeting for the Association for the Advancement of Behavior Therapy, Boston, MA.

## 2004

53. Armento, M. E. A., **Hopko**, D. R., Bell, J. L., Hunt, M. K., Engle, J. M., & Lejuez, C. W. (2004). *The Behavioral Treatment of Depressed Cancer Patients in Primary Care*. Poster presented at the 38th Annual meeting for the Association for the Advancement of Behavior Therapy, New Orleans, Louisiana.
54. Armento, M. E. A., & **Hopko**, D. R. *Development and Validation of the Environmental Reward Observation Scale (EROS)* (2004). Poster presented at the 38th Annual meeting for the Association for the Advancement of Behavior Therapy, New Orleans, Louisiana.
55. Crittendon, J. A., Grant, E., & **Hopko**, D. R. (2004). *The Abbreviated Penn State Worry Questionnaire: Psychometric Properties among Younger and Older Adult Samples*. Poster presented at the 38th Annual meeting for the Association for the Advancement of Behavior Therapy, New Orleans, Louisiana.
56. **Hopko**, D. R., Armento, M. E. A., Hunt, M. K., Renfro, A. N., Engle, J. M., Raborn, L., & Lejuez, C. W. (2004). *The Behavioral Treatment of Depressed Cancer Patients in Primary Care*. Poster presented at the Society of Behavioral Medicine Annual Meeting. Baltimore, MD. Abstract published in the *Annals of Behavioral Medicine*, 27.
57. Hunt, M. K., **Hopko**, D. R., & Lachar, D. (2004). *Predicting Psychiatric Hospitalizations among Inpatients with Clinical Depression*. Poster presented at the 38th Annual meeting for the Association for the Advancement of Behavior Therapy, New Orleans, Louisiana.
58. Wetherell, J. L., **Hopko**, D. R., Diefenbach, G. J., Averill, P. M., Beck, J. G., Novy, D. M., & Stanley, M. A. (2004). *Cognitive-behavioral therapy for geriatric generalized anxiety disorder: Who gets better? Who gets well?* Paper presented at the annual meeting of the Anxiety Disorders Association of America, Miami, FL, March 2004.

## 2005

59. Armento, M. E. A., **Hopko**, D. R., Bell, J. L., Wolf, N. J., & Hunt, M. K. (2005). Cognitive-behavior Activation treatment (CBATD) of depressed cancer patients in primary care. Poster presented at the 39th Annual meeting for the Association for Behavior and Cognitive Therapies, Washington, D.C.
60. Armento, M. E. A., **Hopko**, D. R., & Wolf, N. J. (2005). Behavioral activation in the treatment of a cancer patient with co-existent depression and borderline personality disorder. Poster presented at the 39th Annual meeting for the Association for Behavior and Cognitive Therapies, Washington, D.C.
61. Crittendon, J. C., **Hopko**, D. R., & Christoff, K. A. (2005). Trends in Anxiety, Depression, and Worry in College and Elderly Samples: What Can We Look Forward To? Poster presented at the 39th Annual meeting for the Association for Behavior and Cognitive Therapies, Washington, D.C.
62. **Hopko**, D. R. (2005). Treating Clinically Depressed Cancer Patients with Cognitive Behavioral Therapy. Colloquium Presented at the University of Tennessee, Knoxville.
63. **Hopko**, D. R., Bell, J. L., Armento, M. E. A., Wolf, N., Hunt, M. K., & Lejuez, C. W. (2005). A Brief Behavioral Activation Treatment for Depression (BATD): Preliminary Outcomes with Depressed Cancer Patients. Symposium presented at the 39th Annual meeting for the Association for Behavior and Cognitive Therapies, Washington, D.C. [Behavioral Activation Therapy for Complex Psychiatric and Medical Conditions].
64. Hunt, M. K., **Hopko**, D. R., Bell, J. L., Armento, M. E. A., & Wolf, N. J. (2005). Phenomenology and assessment of clinical depression among cancer patients in primary care. Poster presented at the 39th Annual meeting for the Association for Behavior and Cognitive Therapies, Washington, D.C.
65. Schwartzman, M. P., **Hopko**, D. R., Burke, J., Poole, J., Sembrat, J., & Weatherford, J. (2005). Psychosocial adjustment of children with type 1 diabetes Mellitus: Parent perceptions. Poster presented at the 39th Annual meeting for the Association for Behavior and Cognitive Therapies, Washington, D.C.
66. **Hopko**, D. R. (2005). Clinical Depression and Prostate Cancer. Research colloquium presented at the University of Tennessee Medical Center Cancer Institute.
67. **Hopko**, D. R. (2005). Behavioral Activation and Depression: History, Interventions, and Applications. Research colloquium presented at the University of Alabama Department of Psychology.

## 2006

68. Hunt, M. K., Benton-Wills, J., Colman, L., Smith, J., Yonkee, N., Collins, T., Ford, N., & **Hopko**, D. R. (2006). Predicting High School Truancy among Students in the Appalachian South. Poster presented at the 40th Annual meeting for the Association for Behavior and Cognitive Therapies, Chicago, Ill.
69. Schwartzman, M. P., & **Hopko**, D. R. (2006). Understanding Diabetes Management in Children and Adolescents: The Role of the Family. Poster presented at the 40th Annual meeting for the Association for Behavior and Cognitive Therapies, Chicago, Ill.

70. Smith, S., Moore, E., Yonkee, N., & **Hopko**, D. R. (2006). The Relation of Creativity and Panic Symptoms in College Students. Poster presented at the Undergraduate Science Exhibition at the University of Tennessee. Knoxville, TN.

71. Smith, S., Miles, T., Smith, J., Hardesty, M., Rozell, B., Plenzler, S., Eisenstadt, M., & **Hopko**, D. R. (2006). Predicting CPAP Compliance in Patients with Sleep Apnea. Poster presented at the 40th Annual meeting for the Association for Behavior and Cognitive Therapies, Chicago, Ill.

72. Wolf, N. J., Crouch, B., Armento, M. E. A., Robertson, S. M. C., Mullane, C., Ford, N., **Hopko**, D. R. (2006). The Harvard National Depression Screen (HANDS): An Exploratory Factor Analysis and Psychometric Properties among Adult Cancer Patients. Poster presented at the 40th Annual meeting for the Association for Behavior and Cognitive Therapies, Chicago, Ill.

73. Kunik, M., Veazey, Cully, J. A., Soucek, J., Graham, D. P., **Hopko**, D. R., Carter, R., Sharafkhaneh, A., Goepfert, E. J., Wray, N., & Stanley, M. A. (2006). Education vs. CBT for depression and anxiety in COPD patients. Poster accepted for presentation at the 59th Annual meeting for the Gerontological Society of America, Dallas, TX.

74. Kunik, M., Veazey, Cully, J. A., Soucek, J., Graham, D. P., **Hopko**, D. R., Carter, R., Sharafkhaneh, A., Goepfert, E. J., Wray, N., & Stanley, M. A. (2006). Detection and Management of Depression and Anxiety in COPD: A Multidisciplinary Scientific Workshop. Workshop presented to the American College of Chest Physicians, Northbrook, IL.

## 2007

75. Baruch, D. E., Tull, M. T., Malouf, E. T., Trotman, A., **Hopko**, D. R., & Lejuez, C. W. (2007). Examination of the Relationship between Depressive Symptoms and Sensitivity to Aversive Events using a Behavioral Task. Poster presented at the 41st Annual meeting for the Association for Behavior and Cognitive Therapies, Philadelphia, PA.

76. **Hopko**, D. R., Armento, M. E. A., Robertson, S. M. C., Mullane C., Carvalho, J., & Colman, L. (2007). Cognitive Behavioral Treatments for Depressed Cancer Patients. Paper presented at the 6<sup>th</sup> Annual Hawaii International Conference on Social Sciences.

77. Carvalho, J. P., Colman, L., Gawrysiak, M., Cooper, M., Lynn, K., & **Hopko**, D. R. (2007). A Brief Cognitive-Behavioral Intervention to Reduce Test Anxiety and Improve Intelligence Test Performance. Poster presented at the 41st Annual meeting for the Association for Behavior and Cognitive Therapies, Philadelphia, PA.

78. Colman, L., Carvalho, J. P., Mullane, C., Robertson, S. M. C., Armento, M. E. A., Bell, J., & **Hopko**, D. R. (2007). A Comparison of Behavioral Activation and Problem-Solving Therapy for Depressed Cancer Patients. Poster presented at the 41st Annual meeting for the Association for Behavior and Cognitive Therapies, Philadelphia, PA.

79. Mullane, C., Collins, T., Yonkee, N., & **Hopko**, D. R. (2007). Examining the Relations of Body Mass Index, Overt Behavior, and Perceived Reward. Poster presented at the 41st Annual meeting for the Association for Behavior and Cognitive Therapies, Philadelphia, PA.

80. Nicholas, C. R. N., Robertson, S. M. C., Gawrysiak, M. J., de Leonni Stanonik, M., Dougherty, J. H., & **Hopko**, D. R. (2007). Effects of exposure therapy on brain functioning in a war

veteran with post-traumatic stress disorder. Poster presented at the 41st Annual meeting for the Association for Behavior and Cognitive Therapies, Philadelphia, PA.

81. Robertson, S. M. C., Swain, C., Craddock, S., Ford, N. L., & **Hopko**, D. R. (2007). Experiential Avoidance and Autobiographical Narratives in Early and Late Adulthood. Poster presented at the 41st Annual meeting for the Association for Behavior and Cognitive Therapies, Philadelphia, PA.

82. Lejuez, C. W., & **Hopko**, D. R. (2007). Behavioral Activation. Encyclopedia entry as per request of task forces of the European and North American Associations of Behavioural and Cognitive Therapy (EABCT & ABCT). [www.commonlanguagepsychotherapy.org](http://www.commonlanguagepsychotherapy.org)

## 2008

83. Carvalho, J. P., Robertson, S. M. C., & **Hopko**, D. R. (2008). Sudden gains in depressed cancer patients treated with behavioral activation therapy. Poster presented at the 42nd Annual meeting for the Association for Behavior and Cognitive Therapies, Orlando, FL.

84. Carvalho, J. P., Trent, L., Schafflein, K., Hardwick, G. C., Morton, W., & **Hopko**, D. R. (2008). The association between cognitive vulnerability to depression and stressful life events. Poster presented at the 42nd Annual meeting for the Association for Behavior and Cognitive Therapies, Orlando, FL.

85. Colman, L., Cooper, M., Lynn, K., Lawson, R., & **Hopko**, D. R. (2008). The effects of cognitive vulnerabilities on social problem-solving ability and depression. Poster presented at the 42nd Annual meeting for the Association for Behavior and Cognitive Therapies, Orlando, FL.

86. Colman, L., Lynn, K., Cooper, M., Lawson, R., & **Hopko**, D. R. (2008). Screening cancer patients with the Harvard National Depression Screening Instrument (HANDS): Depression prevalence by cancer type. Poster presented at the 42nd Annual meeting for the Association for Behavior and Cognitive Therapies, Orlando, FL.

87. Colman, L., Robertson, S. M. C., & **Hopko**, D. R. (2008). Behavioral activation for depressed cancer patients: Factors associated with treatment outcome and attrition. Poster presented at the 42nd Annual meeting for the Association for Behavior and Cognitive Therapies, Orlando, FL.

88. Colman, L., Wolf, N. J., Carvalho, J. P., & **Hopko**, D. R. (2008). Predicting the frequency, duration, and intensity of running behavior: The inhibitory effects of cardiac anxiety. Poster presented at the 42nd Annual meeting for the Association for Behavior and Cognitive Therapies, Orlando, FL.

89. Gawrysiak, M., Nicholas, C., & **Hopko**, D. R. (2008). Behavioral activation for depressed college students: Randomized Controlled Trial. Poster presented at the 42nd Annual meeting for the Association for Behavior and Cognitive Therapies, Orlando, FL.

90. Johanson, L. K., L., Armento, M. E. A., Robertson, S. M. C., Carvalho, J. P., Mullane, C., Gawrysiak, M., & **Hopko**, D. R. (2008). A Comparison of Behavioral Activation and Problem-Solving Therapy for Depressed Cancer Patients. Poster presented at the Tennessee Psychological Association's Annual Convention, Nashville, TN.

91. Mahadevan, R., Malone, J., **Hopko**, D. R., & Erickson, L. (2008). In Short-Term Memory, Miller's  $7 \pm 2$  is Really Just 2. Poster presented at the Annual meeting for the Association for Behavior Analysis, Chicago, IL.

92. Robertson, S. M. C., Ford, N. L., Swain, C., Craddock, S., & **Hopko**, D. R. (2008). Psychometric properties of the Acceptance and Action Questionnaire (AAQ) in younger and older adults. Poster presented at the 42nd Annual meeting for the Association for Behavior and Cognitive Therapies, Orlando, FL.

## 2009

93. Armento, M. E. A., Hunt, M. K., & **Hopko**, D. R. (2009). Predicting Depression Severity in Adolescents from Rural Appalachia. Poster accepted for presentation at the 43rd Annual meeting for the Association for Behavior and Cognitive Therapies, New York, NY.

94. Armento, M. E. A., & **Hopko**, D. R. (2009). Behavioral Activation of a Breast Cancer Patient with Co-existent Major Depression and General Anxiety Disorder. Poster presented at the 35th Annual meeting for the Association for Behavior Analysis International (ABAI). Phoenix, AZ.

95. Carvalho, J. P., Gawrysiak, M. J., Hellmuth, J. C., Meltzer, A. L., Green, L., & **Hopko**, D. R. (2009). Development and Psychometric Properties of the Reinforcement-Punishment Inventory (RPI): A Measure of Response-Contingent Positive Reinforcement. Poster accepted for presentation at the 43rd Annual meeting for the Association for Behavior and Cognitive Therapies, New York, NY.

96. Hopko, D. R. (2009). Behavioral Activation in the Treatment of Depressed Cancer Patients. Colloquium presented to the College of Arts and Sciences Board of Visitors.

97. **Hopko**, D. R., Gawrysiak, M., & Nicholas, C. (2009). Behavioral Activation for Moderately Depressed College Student: Randomized Controlled Trial. Paper presented at the 8<sup>th</sup> Annual Hawaii International Conference on Social Sciences.

98. Johanson, L. K., Lynn, K., Overton, K., Schafflein, K. A., & **Hopko**, D. R. (2009). Incremental Significance of Early Maladaptive Schemas in Predicting Depression Severity. Poster accepted for presentation at the 43rd Annual meeting for the Association for Behavior and Cognitive Therapies, New York, NY.

99. Magidson, J. F., Daughters, S. B., Roy, H., Gulin, S., Ferraioli, L., Hopko, D. R., & Lejuez, C. W. (2009). Examining mechanisms underlying the effect of behavioral activation on depressive symptoms and rumination among inner-city, depressed, illicit drug users. Poster accepted for presentation at the 43rd Annual meeting for the Association for Behavior and Cognitive Therapies, New York City, NY.

100. Robertson, S. M. C., & Hopko, D. R. (2009). The Effect of Age on Emotional Expression in Autobiographical Narratives. Poster accepted for presentation at the 43rd Annual meeting for the Association for Behavior and Cognitive Therapies, New York City, NY.

101. Ryba, M., Overton, K., & **Hopko**, D. R. (2009). Understanding the Impact of Depression and Social Factors in Predicting Overt Behaviors. Poster accepted presentation at the 43rd Annual meeting for the Association for Behavior and Cognitive Therapies, New York, NY.

102. Hopko, D. R. (2009). Treating Depressed Cancer Patients with Behavioral Activation. Colloquium presented to the University of Tennessee College of Arts and Sciences Board of Visitors.

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